

Middle School Activities

7th Grade Girls' Volleyball

Volleyball seasons runs from the end of August until the end of October.

Practice is held on Monday, Tuesday, Thursday and Friday.

Skills learned in 7th grade volleyball include: Serving, setting, passing, hitting (spike), offense and defense, positions of players used in the game.

The volleyball schedule will include games against Huron, Pierre, Brookings, Mitchell, Watertown, Roncalli, Jamestown, ND, and Valley City, ND.

The school district provides uniforms for practice and games.

Come join a game where you will learn the skills, play the game and have fun!!!

Volleyball is a great life time sport.

Volleyball has been very successful program in the Aberdeen School District.

