

Simmons Middle School Activities

Boys' Basketball

Every 7th grade boy will have the opportunity to practice & play in basketball games at their own level. All home games are played at Simmons Middle School for the 7th graders. The 7th graders practice at multiple gyms, including Simmons Middle School, Simmons Elementary, O.M. Tiffany, & Dacotah Hall at NSU. The 7th graders play 12 games & practice Mondays, Tuesdays, Thursdays, & Fridays. The season starts in early December & concludes at the end of February, there is no practice over Christmas break.

7th grade boys are welcome to come learn the fundamentals of basketball and play games against other ESD schools. Basic individual skills of basketball will be stressed: passing, shooting, dribbling, screening, cutting, rebounding as well as team skills such as: team defense, basic offenses, out of bounds plays, & transitions.

