


# High School Breakfast

Line 1

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>No School</p> 	<p>3</p> <p>Yogurt Explosion WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>4</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Breakfast Bar <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>	<p>5</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>	<p>6</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>
<p>9</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>	<p>10</p> <p>Yogurt Explosion WGR Breakfast Cereal Fresh Baked Biscuit WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>11</p> <p>WGR Breakfast Cereal Carmel Roll Breakfast Bar <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>12</p> <p>Breakfast Banana Split WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with Fruit Cup, 100% juice, &amp; Milk</p>	<p>13</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>
<p>16</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>	<p>17</p> <p>Yogurt Explosion WGR Breakfast Cereal Fresh Baked Biscuit WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>18</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Breakfast Bar <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>	<p>19</p> <p>Breakfast Banana Split WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with Fruit Cup, 100% juice, &amp; Milk</p>	<p>20</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>
<p>23</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>	<p>24</p> <p>Yogurt Explosion WGR Breakfast Cereal Fresh Baked Biscuit WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>25</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Breakfast Bar <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>	<p>26</p> <p>Breakfast Banana Split WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with Fruit Cup, 100% juice, &amp; Milk</p>	<p>27</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>

Menus are subject to change without notice.

100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, Cranberry, & Mango Wango.

Muffin Choices: Blueberry, Chocolate, or Banana

(WGR) Assorted Whole Grain Cereals: Froot Loops, Rice Krispy, Cocoa Puffs, Cheerios, Lucky Charms, or Cinnamon Toast Crunch.

WGR Bread Items: Cinnamon Toast Crisps, Backpack Snacks, Gripz, Graham Snacks, Etc.

Yogurt Explosion: A serving of vanilla or strawberry yogurt served with variety of toppings (fruit, granola, etc.)


Breakfast Banana Split: 1 banana topped with vanilla or strawberry yogurt and variety of toppings (fruit, honey, cinnamon)

\*Strawberry/Vanilla Yogurt topped with granola (topping optional)

# High School Breakfast

Line 2


September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School  	3 Bacon Scramble Pizza OR Breakfast Sausage Pizza  Served with yogurt, fruit and 100% juice.	4 Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza  Served with choice of yogurt or WGR Item, Fruit, and 100% Juice	5 Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza  Served with fruit and 100% juice.	6 Cheddar Cheese Omelet OR Mini Maple Pancakes OR Breakfast Sausage Pizza OR Bacon Scramble Pizza  Served with yogurt, fruit and 100% juice.  Salsa is available
9 Bacon Scramble Pizza OR Breakfast Sausage Pizza  Served with yogurt, fruit and 100% juice.	10 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Egg, Cheese, & Turkey Sausage Burrito  Salsa is available  Served with choice of yogurt or WGR Item, Fruit, and 100% Juice	11 Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza  Served with fruit and 100% juice.	12 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Sausage Links  Served with yogurt, fruit, & 100% juice.	13 Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Cheddar Cheese Omelet  Served with yogurt, fruit and 100% juice.
16 Bacon Scramble Pizza OR Breakfast Sausage Pizza  Served with yogurt, fruit and 100% juice	17 Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza  Served with choice of yogurt or WGR Item, Fruit, and 100% Juice	18 Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza  Served with fruit and 100% juice.	19 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Sausage Links  Served with yogurt, fruit, & 100% juice.	20 Cheddar Cheese Omelet OR Mini Maple Pancakes OR Breakfast Sausage Pizza OR Bacon Scramble Pizza  Served with yogurt, fruit and 100% juice.  Salsa is available
23 Bacon Scramble Pizza OR Breakfast Sausage Pizza  Served with yogurt, fruit and 100% juice	24 Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza  Served with choice of yogurt or WGR Item, Fruit, and 100% Juice	25 Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza  Served with fruit and 100% juice.	26 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Sausage Links  Served with yogurt, fruit, & 100% juice.	27 Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Cheddar Cheese Omelet  Served with yogurt, fruit and 100% juice.

Milk is available every day. Menus are subject to change without notice.  
100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, Cranberry, & Mango Wango.

# High School Lunch Menu

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>No School</p> 	<p>3</p> <p>Bacon Cheeseburger Deluxe or Super Nachos Toppings: Shredded Lettuce, Tomatoes, Salsa, and Onions Puzzle Fries Fresh Broccoli Florets</p>	<p>4</p> <p>**Mr. Ribb or Chicken Sandwich Curly Fries Fresh Pepper Slices Dip Birthday Treats!! (Chocolate Chip or Sugar Cookie)</p> <p>Celebrating All of August &amp; September Birthdays!</p>	<p>5</p> <p>Mini Corn Dogs or Grilled Chicken Deluxe Toppings: Lettuce and Cheese Fresh Dark Green Salad Salad Dressing Fresh Carrots Dip</p>	<p>6</p> <p>Fish Taco or Chicken Snack Wrap or Pizza Fresh Vegetables Dip Fresh Fruit Soft Baked Strawberry Crisp Bar</p>
<p>9</p> <p>Bacon Cheeseburger or Hot Dog Fresh Cucumber Slices Fries Dip</p>	<p>10</p> <p>Walking Taco or Breaded Chicken Sandwich Deluxe Toppings: Shredded Lettuce, Tomatoes, Salsa, and Onions Crisp Carrot Sticks Dip Puzzle Fries</p>	<p>11</p> <p>Orange Tangerine Chicken or Popcorn Chicken Dinner Roll Poultry Rice Gravy Fresh Broccoli Florets Dip</p>	<p>12</p> <p>Pasta W/ Turkey Alfredo Sauce or Meat Sauce W/Bread or Hamburger Fresh Dark Green Salad Salad Dressing Fresh Cucumber Slices Dip</p>	<p>13</p> <p>Mini Corn Dogs or **Mr. Ribb Baked Vegetarian Beans Fresh Vegetables Dip</p>
<p>16</p> <p>Soft Shell Taco (Beef or Chicken) or Hamburger Deluxe Toppings: Tomatoes, Lettuce, &amp; Onions Crisp Celery Sticks Cucumber Coins Dip</p>	<p>17</p> <p>Breakfast Pizza W. Cheese Stick or Breaded Chicken Sandwich Fresh Sweet Pepper Slices Dip Puzzle Fries</p>	<p>18</p> <p>Chicken Drumstick or Fish Shapes or Chicken Nuggets Creamy Mashed Potatoes Gravy Dinner Roll Fresh Broccoli Florets Dip</p>	<p>19</p> <p>Cheese Pizza or Mini Corn Dogs Fresh Baby Carrots Dip Lettuce Salad Salad Dressing</p>	<p>20</p> <p>Grilled Chicken Deluxe Or Cheeseburger Deluxe Toppings: Lettuce, Tomatoes, &amp; Onions Baked Vegetarian Beans Tortilla Chips Salsa Fresh Vegetables Dip</p>
<p>23</p> <p>Walking Taco or Hamburger Deluxe Toppings (Lettuce, black Beans, Cheese, and Taco Sauce) Cucumber Coins Fresh Baby Carrots Dip</p>	<p>24</p> <p>French Toast Sticks &amp; Sausage Links Or Breaded Chicken Sandwich Batter Bites Crisp Carrot Sticks Dip</p>	<p>25</p> <p>Pasta W/ Turkey Alfredo Sauce or Meat Sauce W/Bread or Hamburger Fresh Dark Green Salad Salad Dressing Fresh Cucumber Slices Dip</p>	<p>26</p> <p>Teriyaki Chicken or Chicken Nuggets Poultry Rice Gravy Dinner Roll Stir Fry Vegetables Fresh Broccoli Florets Dip</p>	<p>27</p> <p>Mini Corn Dogs or Roast Beef &amp; Cheddar Sandwich Baked Vegetarian Beans Tortilla Chips Salsa Fresh Vegetables Dip</p>

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\*SideKick- 100% Frozen fruit juice cup

\*\* Contains Pork