

August 2019

Middle School Breakfast Menu

Line 1

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>19</p> <p>No School</p> 	<p>20</p> <p>No Meals Served</p> <p>AM: Grades 1-9 School Begins</p> <p>PM:</p> 	<p>21</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Soft Baked Strawberry Crisp Bar Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>22</p> <p>*Yogurt Parfait w/Granola WGR Breakfast Cereal Carmel Roll Choose 2 of the Above Items</p> <p>Served with Fruit Cup, 100% juice, & Milk</p>	<p>23</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>
<p>26</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>27</p> <p>Food Court Smoothie or *Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>28</p> <p>Yogurt Explosions WGR Breakfast Cereal Carmel Roll Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>29</p> <p>Breakfast Banana Split WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items</p> <p>Served with Fruit Cup, 100% juice, & Milk</p>	<p>30</p> <p>WGR Breakfast Cereal Soft Baked Strawberry Crisp Bar String Cheese Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>

Milk is available every day. Menus are subject to change without notice. Available Whole Grain Cereal: Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon toast Crunch

*Strawberry/Vanilla Yogurt topped with granola (topping optional)

August 2019

Middle School Breakfast Menu

Line 2




Monday	Tuesday	Wednesday	Thursday	Friday
<p>19</p> <p>No School</p>	<p>20</p> <p>No Meals Served</p> <p>AM: Grades 1-9 School Begins</p> <p>PM:</p>	<p>21</p> <p>Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>22</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Sausage Links</p> <p>Served with fruit and 100% juice.</p>	<p>23</p> <p>Cheddar Cheese Omelet OR Breakfast Sausage Pizza OR Bacon Scramble Pizza</p> <p>Served with fruit and 100% juice.</p>
<p>26</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/Sausage Links</p> <p>Served with fruit and 100% juice.</p>	<p>27</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Egg, Cheese, & Turkey Sausage Burrito</p> <p>Served with fruit and 100% juice.</p>	<p>28</p> <p>Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>29</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Sausage Links</p> <p>Served with fruit and 100% juice.</p>	<p>30</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Pancake on a Stick</p> <p>Served with fruit and 100% juice.</p>

Milk is available every day. Menus are subject to change without notice. Available Whole Grain Cereal: Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon toast Crunch

August 2019 Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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<p style="text-align: right;">19</p> <p>No School</p> 	<p style="text-align: right;">20</p> <p>No Meals Served</p> <p>AM: Grades 1-9 School Begins</p> <p>PM:</p> 	<p style="text-align: right;">21</p> <p>"We Love Summer!"</p> <p>Hot Dog or Cheeseburger Baked Vegetarian Beans Fresh Carrot Sticks Dip Fresh Strawberries Zee Zees Campfire S'more Bar</p> 	<p style="text-align: right;">22</p> <p>Roast Beef & Cheddar Sandwich or Breaded Chicken Sandwich Puzzle Fries Cucumbers Slices Dip S.D. Watermelon Slice</p>	<p style="text-align: right;">23</p> <p>Chicken Nuggets or Fish Shapes Mashed Potatoes Gravy Fresh Vegetables Dip Assorted Fruits Mini Rice Krispies Bar</p>
<p style="text-align: right;">26</p> <p>Super Nachos or Hamburger Deluxe Toppings: Lettuce, Cheese, Salsa, Tomatoes & Onions Simply Sweet Corn Fresh Carrots Dip Applesauce</p>	<p style="text-align: right;">27</p> <p>Breakfast Pizza W/ Cheese Stick or Breaded Chicken Sandwich Potato Smiles Celery Sticks Dip Blue Raspberry Lemonade Sidekick</p>	<p style="text-align: right;">28</p> <p>Tangerine Chicken or Popcorn Chicken Poultry Rice Gravy Fresh Broccoli Florets Dip Crispy Coleslaw S.D. Watermelon Slice</p>	<p style="text-align: right;">29</p> <p>Pasta W/Turkey Alfredo or Pasta W/ Meat Sauce With Bread Stick or Hamburger Mixed Greens Salad Salad Dressing Steamed Peas Fresh Strawberries</p>	<p style="text-align: right;">30</p> <p>Mini Corn Dogs or Cheese Pizza Baked Vegetarian Beans Tortilla Chips Salsa Fresh Vegetables Dip Assorted Fruits</p>

Low-Fat and Skim Milk are Available daily. Menus are subject to change without notice.