

Middle School Breakfast

Line 1

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>4</p> <p>Apple Pie Parfait or Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.</p>	<p>5</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Served with fruit, 100% juice, & Milk</p>	<p>6</p> <p>Fresh Baked Biscuit Breakfast Banana Split WGR Breakfast Cereal Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>7</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>
<p>10</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>11</p> <p>Banana Cream Pie Smoothie Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>12</p> <p>WGR Breakfast Cereal Carmel Roll Served with fruit, 100% juice, & Milk</p>	<p>13</p> <p>Fresh Baked Biscuit Breakfast Banana Split WGR Breakfast Cereal Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>14</p> <p>No School- Staff Development</p> 
<p>17</p> <p>No School- PRESIDENTS' DAY</p> 	<p>18</p> <p>Apple Pie Parfait or Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.</p>	<p>19</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Served with fruit, 100% juice, & Milk</p>	<p>20</p> <p>Fresh Baked Biscuit Breakfast Banana Split WGR Breakfast Cereal Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>21</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>
<p>24</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>25</p> <p>Banana Cream Pie Smoothie Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.</p>	<p>26</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Served with fruit, 100% juice, & Milk</p>	<p>27</p> <p>Fresh Baked Biscuit Breakfast Banana Split WGR Breakfast Cereal Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>28</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>
<p>March 2</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>March 3</p> <p>Apple Pie Parfait or Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.</p>	<p>March 4</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Served with fruit, 100% juice, & Milk</p>	<p>March 5</p> <p>Fresh Baked Biscuit Breakfast Banana Split WGR Breakfast Cereal Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>March 6</p> <p>No School</p> 

Menus are subject to change without notice.

100% Fruit Juice: Apple, Orange, Grape, Tangerine, Dragon Punch, & Wango Mango

Muffin Choices: Blueberry, Chocolate, or Banana

(WGR) Assorted Whole Grain Cereals: Froot Loops, Rice Krispy, Cocoa Puffs, Cheerios, Lucky Charms, or Cinnamon Toast Crunch.

WGR Bread Items: Cinnamon Toast Crisps, Backpack Snacks, Gripz, Graham Snacks, Etc.

Yogurt Explosion: A serving of vanilla or strawberry yogurt served with variety of toppings (fruit, granola, etc.)

Breakfast Banana Split: 1 banana topped with vanilla or strawberry yogurt and variety of toppings (fruit, honey, cinnamon)

Pumpkin Pancake Bar: A pancake recipe turned into a tasty bar topped with non-dairy topping and cinnamon

Middle School Breakfast

Line 2

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>*Breakfast Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza OR</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>4</p> <p>Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>5</p> <p>*Breakfast Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>6</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Yogurt</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>7</p> <p>Cheddar Cheese Omelet OR Mini Maple Pancakes OR Breakfast Sausage Pizza OR Bacon Scramble Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>
<p>10</p> <p>*Breakfast Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>11</p> <p>Egg, Cheese, & Turkey Sausage Burrito OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk Salsa is available</p>	<p>12</p> <p>Egg & Cheese Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>13</p> <p>French Toast Sticks w/ Cheese Stick OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>14</p> <p>No School- Staff Development</p> 
<p>17</p> <p>No School- PRESIDENTS' DAY</p> 	<p>18</p> <p>Egg, Cheese, & Turkey Sausage Burrito OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>19</p> <p>Egg & Cheese Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>20</p> <p>French Toast Sticks w/ Cheese Stick OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>21</p> <p>French Toast Sticks w/ Yogurt OR Breakfast Sausage Pizza OR Bacon Scramble Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>
<p>24</p> <p>*Breakfast Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>25</p> <p>Egg, Cheese, & Turkey Sausage Burrito OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>26</p> <p>Egg & Cheese Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>27</p> <p>French Toast Sticks w/ Sausage Links OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>28</p> <p>Cheddar Cheese Omelet OR Breakfast Sausage Pizza OR Bacon Scramble Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>
<p>March 2</p> <p>*Breakfast Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza OR</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>March 3</p> <p>Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>March 4</p> <p>*Breakfast Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>March 5</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Yogurt</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>March 6</p> <p>No School</p> 

Milk is available every day. Menus are subject to change without notice.
100% Fruit Juice: Apple, Orange, Grape, Tangerine, Dragon Punch & Wango Mango

*Breakfast Slider: Egg & Cheese Slider or (Turkey) Sausage & Cheese Slider

Middle School Lunch Menu

A selection of fruits and fruit juice is available every day. Milk is available every day

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Super Nachos or Hamburger Deluxe Toppings: Lettuce, Tomatoes, Fiesta Salsa, & Onions Crisp Carrot Sticks Crisp Celery Sticks Dip</p>	<p>4</p> <p>Cheeseburger or French Toast Sticks W/**Pork Maple Sausage Links or Cheese Omelet Batter Bites Fresh Broccoli Florets Dip</p>	<p>5</p> <p>Cheese Pizza or Hamburger Deluxe Toppings Lettuce, Tomatoes, & Cheese Baked Vegetarian Beans Crisp Celery Sticks Dip</p>	<p>6</p> <p>Pasta w/Meat Sauce or Turkey Alfredo w/Breadstick or Breaded Chicken Sandwich Mixed Greens Salad Salad Dressing Fresh Cucumber Coins Dip</p> <p>Celebrating February Birthdays!</p>	<p>7</p> <p>Fish Shapes or *Chicken Drummies Creamy Mashed Potatoes Gravy Fresh Vegetables Dip</p>
<p>10</p> <p>Hot Dog or BBQ Chicken Sandwich Baked Vegetarian Beans Fresh Cauliflower Bites Dip Smart Snack! You Choose!</p>	<p>11</p> <p>Cauliflower Crust Pizza or Hamburger Mixed Green Salad Salad Dressing Fresh Broccoli Florets Dip</p>	<p>12</p> <p>Tangerine Chicken or Teriyaki Chicken W/ Poultry Rice & Gravy or Hamburger Steamed Green Beans Fresh Cucumber Slices Dip</p>	<p>13</p> <p>Roasted Beef-N-Cheddar or Mini Corn Dog Mac & Cheese Fresh Vegetables Dip</p>	<p>14</p> <p>No School- Staff Development</p> 
<p>17</p> <p>No School- PRESIDENTS' DAY</p> 	<p>18</p> <p>Bacon Cheeseburger or Italian Sub Oven Potatoes Fresh Vegetables Dip</p>	<p>19</p> <p>Walking Taco or Hamburger Deluxe Toppings: Lettuce, Tomatoes, Fiesta Salsa, & Onions Simple Sweet Corn Wango Mango Vegetable Juice</p>	<p>20</p> <p>Pasta w/Meat Sauce or Turkey Alfredo w/Breadstick or Hamburger Mixed Greens Salad Salad Dressing Crisp Celery Sticks Dip</p>	<p>21</p> <p>Fish Shapes or Chicken Nuggets Poultry Rice Gravy Steamed Peas Assorted Fresh Vegetables Dip</p>
<p>24</p> <p>Cheeseburger or Breaded Chicken Sandwich Fresh Carrot Sticks Mixed Greens Salad Salad Dressing</p>	<p>25</p> <p>Tangerine Chicken or Teriyaki Chicken W/ Poultry Rice & Gravy or Hamburger Fresh Broccoli Florets Fresh Carrots Dip</p>	<p>26</p> <p>Fish Sandwich or **Mr. Ribb or Roast Beef-N-Cheddar Baked Vegetarian Beans Chips Salsa</p>	<p>27</p> <p>Popcorn Chicken or Hamburger or Chicken Drumstick Creamy Mashed Potatoes Gravy Fresh Celery Sticks Dip</p>	<p>28</p> <p>Mini Corn Dogs or Fish Shapes Mac-N-Cheese Steamed Vegetables Fresh Vegetables Dip</p>
<p>March 2</p> <p>Super Nachos or Hamburger Deluxe Toppings: Lettuce, Tomatoes, Fiesta Salsa, & Onions Crisp Carrot Sticks Dip</p>	<p>March 3</p> <p>Fish Shapes or Chicken Drummies Creamy Mashed Potatoes Gravy Fresh Broccoli Florets Dip</p>	<p>March 4</p> <p>Cold Cut Sub or Hamburger Deluxe Toppings Lettuce, Tomatoes, & Onions Mac-N-Cheese Fresh Cucumber Coins Dip</p>	<p>March 5</p> <p>Pasta w/Meat Sauce or Turkey Alfredo w/Breadstick or Hamburger Mixed Greens Salad Salad Dressing Fresh Vegetables Dip</p>	<p>March 6</p> <p>No School</p> 

Milk is available every day. Menus are subject to change without notice. All toppings are optional.

*New Item

**Contains Pork