











100% Fruit Juice, Fruit, and milk are offered as part of the menu every day.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>	<p>3</p> <p>Yogurt Explosion WGR Breakfast Cereal Fresh Baked Biscuit WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>4</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Breakfast Bar <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>	<p>5</p> <p>Breakfast Banana Split WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with Fruit Cup, 100% juice, &amp; Milk</p>	<p>6</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk</p>
<p>9</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>10</p> <p>Yogurt Explosion WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>11</p> <p>WGR Breakfast Cereal Carmel Roll Fruit Grain Bar <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>12</p> <p>Breakfast Banana Split WGR Breakfast Cereal Pop Tart <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>13</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>
<p>16</p> <p>WGR Breakfast Cereal Assorted Muffins Gogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>17</p> <p>Apple Pie Yogurt Parfait WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>18</p> <p>WGR Breakfast Cereal Assorted WGR Bread Items Pop Tart <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>	<p>19</p> <p>Yogurt Parfait WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b></p> <p>Served with Fruit Cup, 100% juice, &amp; Milk</p>	<p>20</p> <p>WGR Breakfast Cereal Mini Donuts Gogurt String Cheese <b>Choose 2 of the Above Items</b></p> <p>Served with fruit, 100% juice, &amp; Milk.</p>
<p>23</p> <p><b>Winter Vacation No School</b></p> 	<p>24</p> <p><b>Winter Vacation No School</b></p> 	<p>25</p> 	<p>26</p> <p><b>Winter Vacation No School</b></p> 	<p>27</p> <p><b>Winter Vacation No School</b></p> 
<p>30</p> <p><b>Winter Vacation No School</b></p> 	<p>31</p> 	<p>January 1</p> <p><b>Winter Vacation No School</b></p> 	<p>January 2</p> 	<p>January 3</p> <p><b>Winter Vacation No School</b></p> 

100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, Cranberry, & Mango Wango.

Muffin Choices: Blueberry, Chocolate, or Banana

(WGR) Assorted Whole Grain Cereals: Froot Loops, Rice Krispy, Cocoa Puffs, Cheerios, Lucky Charms, or Cinnamon Toast Crunch.



WGR Bread Items: Cinnamon Toast Crisps, Backpack Snacks, Gripz, Graham Snacks, Mini Donuts, & Etc.

Yogurt Explosion: A serving of vanilla or strawberry yogurt served with variety of toppings (fruit, granola, etc.)

Breakfast Banana Split: 1 banana topped with vanilla or strawberry yogurt and variety of toppings (fruit, honey, cinnamon)

\*Strawberry/Vanilla Yogurt topped with granola (topping optional)

100% Fruit Juice, Fruit, and milk are offered as part of the menu every day.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>3</p> <p>Breakfast Burrito OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with choice of yogurt or WGR Item, Fruit, and 100% Juice</p>	<p>4</p> <p>Egg &amp; Cheese Slider OR Sausage &amp; Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>5</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ *Pork Maple Sausage Links</p> <p>Served with yogurt, fruit, &amp; 100% juice.</p>	<p>6</p> <p>Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Cheddar Cheese Omelet</p> <p>Served with yogurt, fruit and 100% juice.</p>
<p>9</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Pancake On A Stick</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>10</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR *Breakfast Burrito</p> <p>Served with choice of yogurt or WGR Item, Fruit, and 100% Juice</p>	<p>11</p> <p>Egg &amp; Cheese Slider OR Sausage &amp; Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>12</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Blueberry Pancakes w/ *Pork Maple Sausage Links</p> <p>Served with yogurt, fruit, &amp; 100% juice.</p>	<p>13</p> <p>Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Cheddar Cheese Omelet</p> <p>Served with yogurt, fruit and 100% juice.</p>
<p>16</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Mini Maple Pancakes</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>17</p> <p>Egg &amp; Cheese Slider OR Sausage &amp; Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>18</p> <p>Breakfast Sausage Pizza OR Bacon Scramble Pizza OR *Breakfast Burrito</p> <p>Served with yogurt, fruit and 100% juice.</p>	<p>19</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ *Pork Maple Sausage Links</p> <p>Served with yogurt, fruit, &amp; 100% juice.</p>	<p>20</p> <p>Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Cheddar Cheese Omelet</p> <p>Served with yogurt, fruit and 100% juice.</p>
<p>23</p> <p><b>Winter Vacation No School</b></p> 	<p>24</p> <p><b>Winter Vacation No School</b></p> 	<p>25</p> 	<p>26</p> <p><b>Winter Vacation No School</b></p> 	<p>27</p> <p><b>Winter Vacation No School</b></p> 
<p>30</p> <p><b>Winter Vacation No School</b></p> 	<p>31</p> 	<p>January 1</p> <p><b>Winter Vacation No School</b></p> 	<p>January 2</p> 	<p>January 3</p> <p><b>Winter Vacation No School</b></p> 

Milk is available every day. Menus are subject to change without notice.  
100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, & Mango Wango.  
\*Contains Pork

# High School Lunch Menu

## December 2019

A selection of fruits and fruit juice is available every day. Milk is available every day.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Dog or Breaded Chicken Sandwich Mac-N-Cheese Green Beans Fresh Carrots Dip	3 Cheese Quesadilla or Grilled Chicken Deluxe or Super Nachos Toppings: Lettuce, Cheese, Tomatoes, Onions, & Bean & Corn Salsa Fresh Pepper Slices Dip	4 Bacon Cheeseburger or Fiestada pizza Puzzle Fries Fresh Broccoli Florets Dip  Birthday Treats!! Celebrating December Birthdays!	5 Tangerine Chicken or Chicken Nuggets Poultry Rice Gravy Dinner Roll Stir Fry Vegetables Lettuce Salad Salad Dressing	6 Mini Corn Dogs or Cheese Pizza Fries Fresh Vegetables Dip
9 Walking Taco or Steak Burger Deluxe Toppings: Lettuce, Cheese, Tomatoes, Onions, & Bean & Corn Salsa Fresh Pepper Slices Dip	10 Chicken Cordon Bleu or Mini Corn Dogs or **Mr. Ribb Tortilla Chips Salsa Tortilla Soup Dark Greens Salad Salad Dressing	11 Breakfast Burrito or French Toast w/Sausage Links or Breaded Chicken Sandwich Batter Bites Fresh Celery Sticks Dip	12 Pasta w/Meat Sauce or Turkey Alfredo w/Breadstick or Sloppy Joe Dark Greens Salad Salad Dressing Fresh Broccoli Florets Dip	13 Chicken Snack Wrap or Cheeseburger Deluxe Toppings: Lettuce, Cheese, Tomatoes, Onions, & Bean & Corn Salsa Puzzle Fries Fresh Vegetables Dip
16 Chili Frito Pie or Hot Dog or Hamburger Fries Fresh Cucumber Coins Dip	17 Tangerine Chicken or Popcorn Chicken or Fish Shapes Poultry Rice Gravy Dinner Roll Stir Fry Vegetable Lettuce Salad Salad Dressing	18 Soft Shell Taco (Beef or Chicken) or Steak Burger Toppings: Lettuce, Cheese, Tomatoes, Onions, & Bean & Corn Salsa Rice Fresh Cauliflower Bites Fresh Broccoli Florets Dip	19 Chicken Nuggets or Cheese Pizza Mac-N-Cheese Fresh Celery Sticks Fresh Carrot Sticks Dip  Celebrating December Birthdays! Assorted Smart Snacks! Choose One!	20 **Mr. Ribb or Bacon Cheeseburger or Breaded Chicken Sandwich Puzzle Fries Fresh Vegetables Dip
23 <b>Winter Vacation</b> No School 	24 <b>Winter Vacation</b> No School 	25 	26 <b>Winter Vacation</b> No School 	27 <b>Winter Vacation</b> No School 
30 <b>Winter Vacation</b> No School 	31 	January 1 <b>Winter Vacation</b> No School 	January 2 	January 3 <b>Winter Vacation</b> No School 

Milk is available every day. Menus are subject to change without notice. All toppings are optional. \*\*Contains Pork