

100% Fruit Juice, Fruit, and milk are offered as part of the menu every day.

Monday	Tuesday	Wednesday	Thursday	Friday
28 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk	29 Yogurt Explosion WGR Breakfast Cereal Fresh Baked Biscuit WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	30 WGR Breakfast Cereal Frosted Cinnamon Roll Breakfast Bar Choose 2 of the Above Items Served with fruit, 100% juice, & Milk	31 Breakfast Banana Split WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with Fruit Cup, 100% juice, & Milk	November 1 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk
4 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	5 Yogurt Explosion WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	6 WGR Breakfast Cereal Carmel Roll Fruit Grain Bar Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	7 Breakfast Banana Split WGR Breakfast Cereal Pumpkin Pancake Bar Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	8 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.
11 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	12 Apple Pie Yogurt Parfait WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	13 WGR Breakfast Cereal Assorted WGR Bread Items Pumpkin Pancake Bar Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	14 Breakfast Banana Split WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with Fruit Cup, 100% juice, & Milk	15 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.
18 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	19 Yogurt Explosion WGR Breakfast Cereal Carmel Roll Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	20 WGR Breakfast Cereal Frosted Cinnamon Roll Breakfast Bar Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	21 Breakfast Banana Split WGR Breakfast Cereal Pumpkin Pancake Bar Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	22 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.
25 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	26 Apple Pie Yogurt Parfait WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	27 WGR Breakfast Cereal Assorted WGR Bread Items Pumpkin Pancake Bar Choose 2 of the Above Items Staff Development- Early Dismissal 11:45	28 	29 

100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, Cranberry, & Mango Wango.

Muffin Choices: Blueberry, Chocolate, or Banana

(WGR) Assorted Whole Grain Cereals: Froot Loops, Rice Krispy, Cocoa Puffs, Cheerios, Lucky Charms, or Cinnamon Toast Crunch.

WGR Bread Items: Cinnamon Toast Crisps, Backpack Snacks, Gripz, Graham Snacks, Mini Donuts, & Etc.

Yogurt Explosion: A serving of vanilla or strawberry yogurt served with variety of toppings (fruit, granola, etc.)

Breakfast Banana Split: 1 banana topped with vanilla or strawberry yogurt and variety of toppings (fruit, honey, cinnamon)

*Strawberry/Vanilla Yogurt topped with granola (topping optional)

100% Fruit Juice, Fruit, and milk are offered as part of the menu every day.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>October 28</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>October 29</p> <p>Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with choice of yogurt or WGR Item, Fruit, and 100% Juice</p>	<p>October 30</p> <p>Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>October 31</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Sausage Links</p> <p>Served with yogurt, fruit, & 100% juice.</p>	<p>1</p> <p>Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Cheddar Cheese Omelet</p> <p>Served with yogurt, fruit and 100% juice.</p>
<p>4</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Pancake On A Stick</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>5</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR *Breakfast Burrito</p> <p>Served with choice of yogurt or WGR Item, Fruit, and 100% Juice</p>	<p>6</p> <p>Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>7</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Blueberry Pancakes w/ Sausage Links</p> <p>Served with yogurt, fruit, & 100% juice.</p>	<p>8</p> <p>Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Cheddar Cheese Omelet</p> <p>Served with yogurt, fruit and 100% juice.</p>
<p>11</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Mini Maple Pancakes</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>12</p> <p>Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>13</p> <p>Breakfast Sausage Pizza OR Bacon Scramble Pizza OR *Breakfast Burrito</p> <p>Served with yogurt, fruit and 100% juice.</p>	<p>14</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Sausage Links</p> <p>Served with yogurt, fruit, & 100% juice.</p>	<p>15</p> <p>Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Cheddar Cheese Omelet</p> <p>Served with yogurt, fruit and 100% juice.</p>
<p>18</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Pancake On A Stick</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>19</p> <p>Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with choice of yogurt or WGR Item, Fruit, and 100% Juice</p>	<p>20</p> <p>Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>21</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Blueberry Pancakes w/ Sausage Links</p> <p>Served with yogurt, fruit, & 100% juice.</p>	<p>22</p> <p>Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Pancake On A Stick</p> <p>Served with yogurt, fruit and 100% juice.</p>
<p>25</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Cheese Omelet</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>26</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR *Breakfast Burrito</p> <p>Served with yogurt, fruit and 100% juice.</p>	<p>27</p> <p>Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with choice of yogurt or WGR Item, Fruit, and 100% Juice Staff Development- Early Dismissal 11:45</p>	<p>28</p> 	<p>29</p> 

Milk is available every day. Menus are subject to change without notice.

100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, & Mango Wango.

*Contains Pork

High School Lunch Menu

A selection of fruits and fruit juice is available every day. Milk is available every day.

November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
October 28 Walking Taco or Cheese Quesadilla Toppings: Lettuce, Tomatoes, Salsa, & Onions Pinto Beans Baby Carrots/Dip	October 29 Bacon Cheeseburger or Hot Dog Fries Celery Sticks Dip	October 30 Tangerine Chicken or Chicken Nuggets or Chicken Drumstick Dinner Roll Poultry Rice Oven Roasted Squash Fresh Broccoli Florets Dip	October 31 Cheese Pizza or Mini Corn Dogs Mixed Greens Salad Salad Dressing Baby Carrots Dip SideKick	1 Breaded Chicken Sandwich or Roast Beef-n-Cheddar Puzzle Fries Fresh Vegetables Dip
4 Super Nachos or Hamburger Deluxe Toppings: Lettuce, Cheese, Tomatoes, Onions, & Pinto Beans Rice Chicken Tortilla Soup Fresh Broccoli Florets Dip	5 Breaded Chicken Sandwich or **Mr. Ribb Or Fiestada Pizza Fries Mac-N-Cheese Baby Carrots Dip	6 Pasta w/Meat Sauce or Turkey Alfredo w/Breadstick or Hamburger Baked 'Sunshine' Squash Dark Greens Salad Salad Dressing	7 Breakfast Pizza w/String Cheese or Cheeseburger Batter Bites Fresh Pepper Slices Dip Birthday Treats!! Celebrating November Birthdays!	8 Mini Corn Dogs or Roast Beef & Cheddar Tortilla Chips Salsa Baked Vegetarian Beans Fresh Vegetables Dip
11 Chili Frito Pie or Hot Dog or Sloppy Joe Fries Fresh Broccoli Florets Dip	12 Walking Taco or Grilled Chicken Deluxe Toppings: Lettuce, Cheese, Tomatoes, Onions, & Pinto Beans Chicken Tortilla Soup Puzzle Fries Fresh Carrot Sticks Dip	13 Tangerine Chicken or Popcorn Chicken Poultry Rice Dinner Roll Stir Fry Fresh Pepper Slices Dip	14 **Mr. Ribb or Bacon Cheeseburger or Breaded Chicken Sandwich Mac-N-Cheese Celery Sticks Dip	15 Cheese Pizza or Chicken Nuggets W/Dinner Roll Lettuce Salad Salad Dressing Fresh Vegetables Dip
18 Soft Shell Taco or Hamburger Deluxe or Grilled Chicken Sandwich Toppings: Lettuce, Cheese, Tomatoes, Onions, & Beans Puzzle Fries Fresh Carrot Sticks Dip	19 Breaded Chicken Sandwich or French Toast Sticks W/ Omelet or **Pork Sausage Maple Links Puzzle Fries Fresh Cucumber Coins Dip	20 Fish Shapes or Chicken Nuggets or Chicken Drumstick Mashed Potatoes Poultry Rice Gravy Baked 'Sunshine' Squash	21 Pasta w/Meat Sauce or Turkey Alfredo w/Breadstick or Hamburger Dark Greens Salad Salad Dressing Fresh Broccoli Florets Dip	22 **Mr. Ribb or Hamburger or Fish Sandwich Baked Vegetarian Beans Fresh Vegetables Dip
25 French Dip Sandwich or Chicken Cordon Bleu Sandwich Puzzle Fries Fresh Pepper Slices Dip	26 Breakfast Sliders (2) (Egg/Cheese or Egg/Cheese/Sausage) or Pepperoni Pizza Batter Bites Fresh Vegetables Dip	27 School Breakfast Will Be Served!!! Staff Development- Early Dismissal 11:45	28 	29 

Milk is available every day. Menus are subject to change without notice. All toppings are optional. **Contains Pork