

Elementary Breakfast Menu

Lincoln, Simmons, & May Overby

November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
October 28 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk	October 29 Chocolate Chip Grips Strawberries Assorted Juices Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	October 30 WGR Breakfast Cereal Assorted Muffins Food Court (Orange) Smoothie Assorted Juices Milk	October 31 Breakfast Pizza Or WGR Breakfast Cereal *Potato Smiles Assorted Juices Milk	1 WGR Breakfast Cereal Gogurt Mini Donuts Choose 2 of the Above Items Applesauce Cup Assorted Juices Milk
4 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk	5 Assorted Muffins Raisins Assorted Juices Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	6 WGR Breakfast Cereal Mini Donuts String Cheese Dried Fruits Milk	7 Breakfast Pizza Or WGR Breakfast Cereal *Puzzle Fries Assorted Juices Milk	8 WGR Breakfast Cereal Yogurt Fruit Assorted Juices Milk
11 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk	12 Chocolate Chip Grips Strawberry Cup Assorted Juices Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	13 WGR Breakfast Cereal Mini Donuts Food Court (Orange) Smoothie Assorted Juices Milk	14 Breakfast Pizza Or WGR Breakfast Cereal *Potato Smiles Assorted Juices Milk	15 WGR Breakfast Cereal Yogurt Applesauce Cup Assorted Juices Milk
18 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk	19 Assorted Muffins Fruit Assorted Juices Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	20 WGR Breakfast Cereal Mini Donuts Applesauce Assorted Juices Milk	21 Breakfast Pizza Or WGR Breakfast Cereal *Puzzle Fries Assorted Juices Milk	22 WGR Breakfast Cereal Yogurt Strawberry Cup Assorted Juices Milk
25 WGR Breakfast Cereal Yogurt Fruit Assorted Juices Milk	26 WGR Breakfast Cereal Mini Donuts Strawberry Cup Assorted Juices Milk	27 WGR Breakfast Cereal Assorted Muffins Applesauce Cup Assorted Juices Milk	28 	29 

Milk is available every day. Available Cereal: Whole Grain, Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon toast Crunch

Menus are subject to change without notice.

*Vegetable is being substituted for the fruit

Elementary Breakfast Menu

O. M. Tiffany, Mike Miller, & C. C. Lee

November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
October 28	October 29	October 30	October 31	1
WGR Breakfast Cereal Cheese Stick Craisins Wango Mango Juice Milk	WGR Breakfast Cereal Mini Donuts Food Court (Orange) Smoothie Assorted Juices Milk	Breakfast Pizza Or WGR Breakfast Cereal *Potato Smiles Assorted Juices Milk	Chocolate Chip Gripz Strawberries Assorted Juices Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk
4	5	6	7	8
WGR Breakfast Cereal Yogurt Fruit Assorted Juices Milk	WGR Breakfast Cereal String Cheese Mini Donuts Dried Fruit Assorted Juices Milk	Breakfast Pizza Or WGR Breakfast Cereal *Puzzle Fries Assorted Juices Milk	Assorted Muffins Raisins Assorted Juices Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk
11	12	13	14	15
WGR Breakfast Cereal Yogurt Applesauce Cup Assorted Juices Milk	WGR Breakfast Cereal Mini Donuts Food Court (Orange) Smoothie Assorted Juices Milk	Breakfast Pizza Or WGR Breakfast Cereal *Potato Smiles Assorted Juices Milk	Chocolate Chip Gripz Strawberry Cup Assorted Juices Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk
18	19	20	21	22
WGR Breakfast Cereal Assorted Muffins Fruit Assorted Juices Milk	WGR Breakfast Cereal Mini Donuts Applesauce Assorted Juices Milk	Breakfast Pizza Or WGR Breakfast Cereal *Puzzle Fries Assorted Juices Milk	Assorted Muffins Fruit Assorted Juices Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk
25	26	27	28	29
WGR Breakfast Cereal Yogurt Fruit Assorted Juices Milk	WGR Breakfast Cereal Mini Donuts Strawberry Cup Assorted Juices Milk	WGR Breakfast Cereal Assorted Muffins Applesauce Cup Assorted Juices Milk		

Milk is available every day. Available Cereal: Whole Grain, Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon Toast Crunch

Menus are subject to change without notice.

*Vegetable is being substituted for the fruit

Elementary Lunch Menu

November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
October 28	October 29	October 30	October 31	1
Sloppy Joe Baked Vegetarian Beans Chips Salsa Yellow Petite Banana	Breaded Chicken Sandwich Fresh Carrot Sticks Dip Mixed Greens Salad Salad Dressing Applesauce	Meatballs Creamy Mashed Potatoes Beef Gravy Dinner Roll Sweet Pepper Slices Dip Diced Peaches	Chicken Drumstick Poultry Rice Gravy Mango Wango Vegetable Juice Fresh Broccoli Florets Dip Fresh Apple Slices	Mini Corn Dogs Batter Bites Crisp Carrot Sticks Fresh Vegetables Dip Diced Pears
4	5	6	7	8
Strawhats Fresh Peppers Crisp Carrot Sticks Dip Baked Apple Slices	Popcorn Chicken Mashed Potatoes Gravy Red Cherry Tomatoes Fresh Broccoli Florets Dip Mixed Fruit	Pasta W/Turkey Alfredo Sauce Mixed Greens Salad Salad Dressing Fresh Cucumber Coins Dip Petite Banana	Cheeseburger Baked Vegetarian Beans Fresh Vegetables Dip Fresh Apple Slices	Cheese Omelet French Toast Sticks Celery Sticks/Dip Wango Mango Vegetable Juice Mandarin Oranges or Fresh Fruit Celebrating November Birthdays! Chocolate Chip Grips
11	12	13	14	15
Crispy Chicken Sticks Mac & Cheese Fresh Broccoli Florets Crisp Carrot Sticks Dip Applesauce Cup	Breakfast Turkey Sausage Pizza Sweet Steamed Corn Fresh Pepper Slices Dip Strawberry Cup	Teriyaki Chicken Poultry Rice Gravy Steamed Green Beans Fresh Cucumber Coins Dip Fresh Apple Slices	“We Love Summer!” Hot Dog Baked Vegetarian Beans Tortilla Chips Salsa Fresh Orange Slices S’more Bar	Chicken Cheese Wrap Potato Smiles Fresh Vegetables Dip Pineapple Tidbits
18	19	20	21	22
Chicken Nuggets Poultry Rice Gravy Crisp Carrot Sticks Dip Steamed Peas Diced Peaches	Breaded Chicken Sandwich Baked Vegetarian Beans Fresh Broccoli Florets Dip Fresh Apple Slices	Softshell Beef Taco Toppings: Cheese, Lettuce, & Taco Sauce Sweet Steamed Corn Red Cherry Tomatoes Dip Yellow Petite Banana	Pasta W/Meat Sauce Mixed Green Salad Salad Dressing Fresh Cauliflower Bites Dip Pineapple Tidbits	Mini Corn Dogs Mac-N-Cheese Fresh Vegetables Dip Mixed Fruit
25	26	27	28	29
Breakfast Turkey Sausage Pizza Potato Smiles Fresh Carrot Sticks Dip Diced Peaches	Popcorn Chicken Mashed Potatoes Gravy Steamed Green Beans Mixed Fruits Soft Baked Strawberry Crisp Bar	School Breakfast Will Be Served!!! Staff Development- Early Dismissal 11:30		

Milk is available every day. Menus are subject to change without notice. All toppings are optional.