






Middle School Breakfast

Line 1
January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30</p> <p>Winter Vacation No School</p> 	<p>31</p> 	<p>January 1</p> 	<p>January 2</p> <p>Winter Vacation No School</p> 	<p>January 3</p> <p>Winter Vacation No School</p> 
<p>6</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>7</p> <p>Banana Cream Pie Smoothie or Yogurt Parfait w/Granola WGR Breakfast Cereal Mini Maple Pancakes Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.</p>	<p>8</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Served with fruit, 100% juice, & Milk</p>	<p>9</p> <p>Fresh Baked Biscuit Breakfast Banana Split WGR Breakfast Cereal Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>10</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>
<p>13</p> <p>WGR Breakfast Cereal Mini Maple Pancakes Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>14</p> <p>Apple Pie Smoothie or Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>15</p> <p>WGR Breakfast Cereal Carmel Roll Served with fruit, 100% juice, & Milk</p>	<p>16</p> <p>Fresh Baked Biscuit Breakfast Banana Split WGR Breakfast Cereal Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>17</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>
<p>20</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>21</p> <p>Banana Cream Pie Smoothie or Yogurt Parfait w/Granola WGR Breakfast Cereal Mini Maple Pancakes Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.</p>	<p>22</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Served with fruit, 100% juice, & Milk</p>	<p>23</p> <p>Fresh Baked Biscuit Breakfast Banana Split WGR Breakfast Cereal Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>24</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>
<p>27</p> <p>WGR Breakfast Cereal Mini Maple Pancakes Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>28</p> <p>Apple Pie Smoothie or Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.</p>	<p>29</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Served with fruit, 100% juice, & Milk</p>	<p>30</p> <p>Fresh Baked Biscuit Breakfast Banana Split WGR Breakfast Cereal Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>	<p>31</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk</p>

Menus are subject to change without notice.

100% Fruit Juice: Apple, Orange, Grape, Tangerine, Dragon Punch, & Wango Mango

Muffin Choices: Blueberry, Chocolate, or Banana





(WGR) Assorted Whole Grain Cereals: Froot Loops, Rice Krispy, Cocoa Puffs, Cheerios, Lucky Charms, or Cinnamon Toast Crunch.

WGR Bread Items: Cinnamon Toast Crisps, Backpack Snacks, Gripz, Graham Snacks, Etc.

Yogurt Explosion: A serving of vanilla or strawberry yogurt served with variety of toppings (fruit, granola, etc.)

Breakfast Banana Split: 1 banana topped with vanilla or strawberry yogurt and variety of toppings (fruit, honey, cinnamon)

Pumpkin Pancake Bar: A pancake recipe turned into a tasty bar topped with non-dairy topping and cinnamon



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<p>30</p> <p>Winter Vacation No School</p> 	<p>31</p> 	<p>January 1</p> 	<p>January 2</p> <p>Winter Vacation No School</p> 	<p>January 3</p> <p>Winter Vacation No School</p> 
<p>6</p> <p>*Breakfast Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza OR</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>7</p> <p>Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>8</p> <p>*Breakfast Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>9</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Yogurt</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>10</p> <p>Cheddar Cheese Omelet OR Mini Maple Pancakes OR Breakfast Sausage Pizza OR Bacon Scramble Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>
<p>13</p> <p>*Breakfast Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>14</p> <p>Egg, Cheese, & Turkey Sausage Burrito OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk Salsa is available</p>	<p>15</p> <p>Egg & Cheese Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>16</p> <p>French Toast Sticks w/ Cheese Stick OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>17</p> <p>Pancake on a Stick OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>
<p>20</p> <p>*Breakfast Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>21</p> <p>Egg, Cheese, & Turkey Sausage Burrito OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>22</p> <p>Egg & Cheese Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>23</p> <p>French Toast Sticks w/ Cheese Stick OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>24</p> <p>French Toast Sticks w/ Yogurt OR Breakfast Sausage Pizza OR Bacon Scramble Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>
<p>27</p> <p>*Breakfast Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>28</p> <p>Egg, Cheese, & Turkey Sausage Burrito OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>29</p> <p>Egg & Cheese Slider OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>30</p> <p>French Toast Sticks w/ Sausage Links OR Bacon Scramble Pizza OR Breakfast Sausage Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>31</p> <p>Cheddar Cheese Omelet OR Breakfast Sausage Pizza OR Bacon Scramble Pizza</p> <p>Served with fruit, 100% juice, & Milk</p>

Milk is available every day. Menus are subject to change without notice.
100% Fruit Juice: Apple, Orange, Grape, Tangerine, Dragon Punch & Wango Mango

*Breakfast Slider: Egg & Cheese Slider or (Turkey) Sausage & Cheese Slider

Middle School Lunch Menu

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
30 Winter Vacation No School 	31 	January 1 HAPPY NEW YEAR! 	January 2 Winter Vacation No School 	January 3 Winter Vacation No School 
6 Super Nachos or Softshell Taco (Beef or Chicken) or Hamburger Deluxe Toppings: Lettuce, Tomatoes, Fiesta Salsa, & Onions Crisp Carrot Sticks Fresh Pepper Slices Dip	7 Meatballs or Popcorn Chicken Creamy Mashed Potatoes Gravy Fresh Grape Tomatoes Fresh Broccoli Florets Dip	8 Pasta w/Meat Sauce or Turkey Alfredo w/Breadstick or Hamburger Mixed Greens Salad Salad Dressing Fresh Cucumber Coins Dip	9 Cauliflower Crust Pizza or Cold Cut Sub or Hamburger Deluxe Toppings Lettuce, Tomatoes, & Cheese Baked Vegetarian Beans Crisp Celery Sticks Dip	10 Bacon Cheeseburger or French Toast Sticks W/ **Maple Pork Sausage Links Puzzle Fries Fresh Vegetables Dip
13 Chicken Drumstick or Mini Corn Dog Mac & Cheese Fresh Broccoli Florets Crisp Carrot Sticks Dip	14 Bacon Scramble Pizza W/Cheese Stick or Breakfast (Turkey) Sausage Pizza W/Cheese Stick or Hamburger Sweet Steamed Corn Fresh Pepper Slices Dip	15 Tangerine Chicken or Teriyaki Chicken W/ Poultry Rice & Gravy or Hamburger Steamed Green Beans Fresh Cucumber Slices Dip	16 “We Love Summer!” Hot Dog or BBQ Chicken Sandwich Puzzle Fries Fresh Cauliflower Bites Dip S'More Bar	17 Cheese Pizza or Breaded Chicken Sandwich Baked Vegetarian Beans Fresh Vegetables Dip
20 Walking Taco (Beef or Chicken) or Hamburger Deluxe Toppings: Lettuce, Tomatoes, Fiesta Salsa, & Onions Fresh Cauliflower Steamed Green Beans	21 Fish Shapes or Chicken Nuggets Mashed Potatoes Gravy Crisp Carrot Sticks Dip	22 Cheeseburger or Breaded Chicken Sandwich Baked Vegetarian Beans Fresh Broccoli Florets Dip Celebrating January Birthdays!	23 Pasta w/Meat Sauce or Turkey Alfredo w/Breadstick or Hamburger Mixed Greens Salad Salad Dressing Crisp Celery Sticks Dip	24 Hot Dog or Fish Sandwich or **Mr. Ribb Curly Fries Fresh Vegetables Dip
27 Cheeseburger or Grilled Chicken Sandwich Fresh Carrot Sticks Mixed Greens Salad Salad Dressing	28 Chili Frito Pie or Hot Dog Steamed Mixed Vegetables Fresh Cauliflower Bites Crisp Celery Sticks Dip	29 Meatballs or Chicken Drumsticks Creamy Mashed Potatoes Beef Gravy Dinner Roll Grilled Mushrooms Fresh Celery Sticks Dip	30 Italian Sub or Hamburger Or Cauliflower Crust Pizza Oven Potato Fresh Broccoli Florets Dip	31 Mini Corn Dogs or Hamburger Mac-N-Cheese Steamed Vegetables Fresh Vegetables Dip

Milk is available every day. Menus are subject to change without notice. All toppings are optional. **Contains Pork

“Assorted Fruits” offered daily! Students Choice!