

100% Fruit Juice, Fruit, and milk are offered as part of the menu every day.

Monday	Tuesday	Wednesday	Thursday	Friday
30 Winter Vacation No School 	31 	January 1 Winter Vacation No School 	January 2 	January 3 Winter Vacation No School 
6 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	7 Yogurt Explosion WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	8 WGR Breakfast Cereal Carmel Roll Yogurt Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	9 Breakfast Banana Split WGR Breakfast Cereal Pop Tart Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	10 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.
13 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	14 Apple Pie Yogurt Parfait WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	15 WGR Breakfast Cereal Frosted Long John Yogurt Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	16 Breakfast Banana Split WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items Served with Fruit Cup, 100% juice, & Milk	17 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.
20 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	21 Yogurt Explosion WGR Breakfast Cereal Carmel Roll Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	22 WGR Breakfast Cereal Frosted Cinnamon Roll Yogurt Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	23 Breakfast Banana Split WGR Breakfast Cereal Frosted Long John Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	24 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.
27 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk	28 Apple Pie Yogurt Parfait WGR Breakfast Cereal Fresh Baked Biscuit Choose 2 of the Above Items Served with fruit, 100% juice, & Milk.	29 WGR Breakfast Cereal Frosted Cinnamon Roll Yogurt Choose 2 of the Above Items Served with fruit, 100% juice, & Milk	30 Breakfast Banana Split WGR Breakfast Cereal Frosted Long John Choose 2 of the Above Items Served with Fruit Cup, 100% juice, & Milk	31 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items Served with fruit, 100% juice, & Milk

100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, Cranberry, & Mango Wango.

Muffin Choices: Blueberry, Chocolate, or Banana

(WGR) Assorted Whole Grain Cereals: Froot Loops, Rice Krispy, Cocoa Puffs, Cheerios, Lucky Charms, or Cinnamon Toast Crunch.

WGR Bread Items: Cinnamon Toast Crisps, Backpack Snacks, Gripz, Graham Snacks, Mini Donuts, & Etc.

Yogurt Explosion: A serving of vanilla or strawberry yogurt served with variety of toppings (fruit, granola, etc.)

Breakfast Banana Split: 1 banana topped with vanilla or strawberry yogurt and variety of toppings (fruit, honey, cinnamon)

*Strawberry/Vanilla Yogurt topped with granola (topping optional)

January 2020

High School Breakfast

Line 2

100% Fruit Juice, Fruit, and milk are offered as part of the menu every day.

Monday	Tuesday	Wednesday	Thursday	Friday
30 Winter Vacation No School 	31 	January 1 Winter Vacation No School 	January 2 	January 3 Winter Vacation No School 
6 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Pancake On A Stick Served with yogurt, fruit and 100% juice	7 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR *Breakfast Burrito Served with choice of yogurt or WGR Item, Fruit, and 100% Juice	8 Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza Served with fruit and 100% juice.	9 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Waffles w/ *Pork Maple Sausage Links Served with yogurt, fruit, & 100% juice.	10 Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Cheddar Cheese Omelet Served with yogurt, fruit and 100% juice.
13 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Mini Maple Pancakes Served with yogurt, fruit and 100% juice	14 Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza Served with fruit and 100% juice.	15 Breakfast Sausage Pizza OR Bacon Scramble Pizza OR *Breakfast Burrito Served with yogurt, fruit and 100% juice.	16 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ *Pork Maple Sausage Links Served with yogurt, fruit, & 100% juice.	17 Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Cheddar Cheese Omelet Served with yogurt, fruit and 100% juice.
20 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Pancake On A Stick Served with yogurt, fruit and 100% juice	21 Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza Served with choice of yogurt or WGR Item, Fruit, and 100% Juice	22 Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza Served with fruit and 100% juice.	23 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Waffles w/ *Pork Maple Sausage Links Served with yogurt, fruit, & 100% juice.	24 Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Pancake On A Stick Served with yogurt, fruit and 100% juice.
27 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Breakfast Burrito Served with yogurt, fruit and 100% juice	28 Mini Maple Pancake Wraps OR Bacon Scramble Pizza OR Breakfast Sausage Pizza Served with choice of yogurt or WGR Item, Fruit, and 100% Juice	29 Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza Served with fruit and 100% juice.	30 Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ *Pork Maple Sausage Links Served with yogurt, fruit, & 100% juice.	31 Breakfast Sausage Pizza OR Bacon Scramble Pizza OR Cheddar Cheese Omelet Served with yogurt, fruit and 100% juice.

Milk is available every day. Menus are subject to change without notice.
100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, & Mango Wango.
*Contains Pork

High School Lunch Menu

A selection of fruits and fruit juice is available every day. Milk is available every day.

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30 Winter Vacation No School</p> 	<p>31</p> 	<p>January 1</p> 	<p>January 2</p> 	<p>January 3 Winter Vacation No School</p> 
<p>6 Super Nachos or Taco Crispy or Flour (Beef or Chicken) or Hamburger Deluxe Toppings: Lettuce, Tomatoes, Fiesta Salsa, & Onions Chicken Tortilla Soup Crisp Carrot Sticks Fresh Pepper Slices Dip</p>	<p>7 Fish Shapes or Popcorn Chicken Creamy Mashed Potatoes Gravy Dinner Roll Fresh Grape Tomatoes Fresh Broccoli Florets Dip</p>	<p>8 Pasta w/Meat Sauce or Turkey Alfredo w/Breadstick or Breaded Chicken Sandwich Mixed Greens Salad Salad Dressing Fresh Cauliflower Bites Dip</p>	<p>9 Cauliflower Crust Pizza or Hamburger or Mini Corn Dogs Baked Vegetarian Beans Crisp Celery Sticks Dip Celebrating January Birthdays!</p>	<p>10 Bacon Cheeseburger or French Toast Sticks W/ **Maple Pork Sausage Links Puzzle Fries Fresh Vegetables Dip</p>
<p>13 Breaded Chicken Sandwich or Fiestada Pizza Mac & Cheese Fresh Broccoli Florets Crisp Carrot Sticks Dip</p>	<p>14 Bacon Scramble Pizza W/Cheese Stick or Breakfast (Turkey) Sausage Pizza W/Cheese Stick or Hamburger Batter Bites Fresh Pepper Slices Dip</p>	<p>15 Tangerine Chicken or Chicken Nuggets Poultry Rice Gravy Steamed Green Beans Mixed Green Salad Salad Dressing</p>	<p>16 Hot Dog or Bacon Cheeseburger Puzzle Fries Fresh Cauliflower Bites Dip Strawberry Crisp Bar</p>	<p>17 Cheese Pizza or Mini Corn Dogs Baked Vegetarian Beans Fresh Vegetables Dip</p>
<p>20 Tacos (Crispy or Flour Shell) or Cheese Quesadilla Toppings: Lettuce, Tomatoes, , Fiesta Salsa, & Onions Chicken Tortilla Soup Pinto Beans Fresh Cucumber Slices Dip</p>	<p>21 Fish Shapes or Chicken Drumsticks Mashed Potatoes Gravy Dinner Roll Crisp Carrot Sticks Dip</p>	<p>22 Roast Beef-N-Cheddar or Mini Corn Dogs Baked Vegetarian Beans Fresh Broccoli Florets Dip</p>	<p>23 Pasta w/Meat Sauce or Turkey Alfredo w/Breadstick or Hamburger Mixed Greens Salad Salad Dressing Crisp Celery Sticks Dip</p>	<p>24 Cauliflower Crust Pizza or Breaded Chicken Sandwich or Fish Sandwich Fries Fresh Vegetables Dip</p>
<p>27 Bacon Cheeseburger or Breaded Chicken Sandwich Fries Baked Vegetarian Beans Crisp Carrot Sticks Dip</p>	<p>28 Walking Taco or Grilled Chicken Deluxe or Hot Dog Toppings: Lettuce, Tomatoes, Fiesta Salsa, & Onions Steamed Mixed Vegetables Chicken Tortilla Soup Crisp Celery Sticks Dip</p>	<p>29 Chicken Nuggets or Chicken Drumstick or Fish Shapes Creamy Mashed Potatoes Dinner Roll Gravy Mixed Greens Salad Salad Dressing</p>	<p>30 Tangerine Chicken W/Dinner Roll or Popcorn Chicken W/Dinner Roll or Hamburger Poultry Rice Gravy Steamed Green Beans Fresh Cucumber Slices Dip</p>	<p>31 French Dip or Fish Sandwich or **Mr. Ribb Mac-N-Cheese Steamed Vegetables Fresh Vegetables Dip</p>

Milk is available every day. Menus are subject to change without notice. All toppings are optional. **Contains Pork