
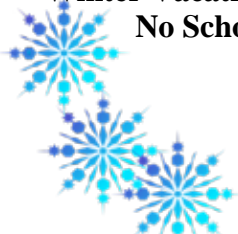

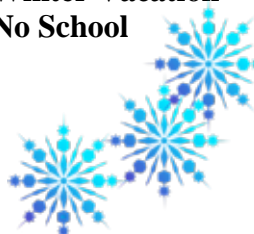



# Elementary Breakfast Menu

## Lincoln, Simmons, & May Overby

### January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
30 	31 <b>Winter Vacation No School</b> 	January 1 	January 2 <b>Winter Vacation No School</b> 	January 3 
6 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk	7 Assorted Muffins Dried Fruit Assorted Juices Yogurt Explosion or WGR Breakfast Cereal Milk	8 WGR Breakfast Cereal Mini Donuts Dried Fruit Milk	9 Breakfast Pizza Or WGR Breakfast Cereal *Puzzle Fries Assorted Juices Milk	10 WGR Breakfast Cereal Yogurt Fruit Assorted Juices Milk
13 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk	14 Chocolate Chip Grips Strawberry Cup Assorted Juices Yogurt Explosion or WGR Breakfast Cereal Milk	15 WGR Breakfast Cereal Dannon Yogurt Fruit Assorted Juices Milk	16 Breakfast Pizza Or WGR Breakfast Cereal *Potato Smiles Assorted Juices Milk	17 <b>“Bear” The Cold Come in for school breakfast!</b>  WGR Breakfast Cereal Teddy Grahams Applesauce Cup Assorted Juices Milk
20 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk	21 Assorted Muffins Fruit Assorted Juices Yogurt Explosion or WGR Breakfast Cereal Milk	22 WGR Breakfast Cereal Frosted Cinnamon Roll Applesauce Assorted Juices Milk	23 Breakfast Pizza Or WGR Breakfast Cereal *Puzzle Fries Assorted Juices Milk	24 WGR Breakfast Cereal Yogurt Strawberry Cup Assorted Juices Milk
27 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk	28 Chocolate Chip Grips Strawberries Assorted Juices Yogurt Explosion or WGR Breakfast Cereal Milk	29 WGR Breakfast Cereal Dannon Yogurt Fruit Assorted Juices Milk	30 Breakfast Pizza Or WGR Breakfast Cereal *Potato Smiles Assorted Juices Milk	31 WGR Breakfast Cereal Pop Tart or Cheese Stick Craisins <b>Choose 2 of the Above Items</b> Applesauce Cup Assorted Juices Milk

Milk is available every day. Available Cereal: Whole Grain, Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon toast Crunch

**Menus are subject to change without notice.**


\*Vegetable is being substituted for the fruit

Yogurt Parfait is not on this menu

# Elementary Breakfast Menu

## O. M. Tiffany, Mike Miller, & C. C. Lee

### January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
30 	31 <b>Winter Vacation No School</b> 	January 1 	January 2 <b>Winter Vacation No School</b> 	January 3 
6 WGR Breakfast Cereal Yogurt Fruit Assorted Juices Milk	7 WGR Breakfast Cereal Mini Donuts Dried Fruit Assorted Juices Milk	8 Breakfast Pizza Or WGR Breakfast Cereal *Puzzle Fries Assorted Juices Milk	9 Assorted Muffins Dried Fruit Assorted Juices Yogurt Explosion or WGR Breakfast Cereal Milk	10 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk
13 <b>“Bear” The Cold Come in for school breakfast!</b>  WGR Breakfast Cereal Teddy Grahams Applesauce Cup Assorted Juices Milk	14 WGR Breakfast Cereal Dannon Yogurt Fruit Assorted Juices Milk	15 Breakfast Pizza Or WGR Breakfast Cereal *Potato Smiles Assorted Juices Milk	16 Chocolate Chip Gripz Strawberry Cup Assorted Juices Yogurt Explosion or WGR Breakfast Cereal Milk	17 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk
20 WGR Breakfast Cereal Dannon Yogurt Strawberry Cup Assorted Juices Milk	21 WGR Breakfast Cereal Frosted Cinnamon Roll Applesauce Assorted Juices Milk	22 Breakfast Pizza Or WGR Breakfast Cereal *Puzzle Fries Assorted Juices Milk	23 Assorted Muffins Fruit Assorted Juices Yogurt Explosion or WGR Breakfast Cereal Milk	24 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk
27 WGR Breakfast Cereal Pop Tart or Cheese Stick Craisins Assorted Juices Milk	28 WGR Breakfast Cereal Dannon Yogurt Fruit Assorted Juices Milk	29 Breakfast Pizza Or WGR Breakfast Cereal *Potato Smiles Assorted Juices Milk	30 Chocolate Chip Gripz Strawberries Assorted Juices Yogurt Parfait or WGR Breakfast Cereal Milk	31 Breakfast Pizza Or WGR Breakfast Cereal Fruit Assorted Juices Milk

Milk is available every day. Available Cereal: Whole Grain, Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon Toast Crunch






**Menus are subject to change without notice.**

\*Vegetable is being substituted for the fruit

Yogurt Parfait is a

# Elementary Lunch Menu

## January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
30 	31 <b>Winter Vacation No School</b> 	January 1 	January 2 <b>Winter Vacation No School</b> 	January 3 
6 Strawhats Fresh Pepper Slices Crisp Carrot Sticks Dip Baked Apple Slices	7 Popcorn Chicken Mashed Potatoes Gravy Fresh Grape Tomatoes Fresh Broccoli Florets Dip Strawberry Cup	8 Pasta W/Turkey Alfredo Sauce Mixed Greens Salad Salad Dressing Fresh Cucumber Coins Dip Clementine	9 Cheeseburger Baked Vegetarian Beans Fresh Vegetables Dip Grapes	10 Cheese Omelet French Toast Sticks Celery Sticks/Dip Wango Mango Vegetable Juice Mandarin Oranges  Celebrating January Birthdays! Strawberry Crisp Bar
13 Chicken Drumstick Mac & Cheese Fresh Broccoli Florets Crisp Carrot Sticks Dip Applesauce Cup	14 Bacon Scramble Breakfast Pizza Cheese Stick Sweet Steamed Corn Fresh Pepper Slices Dip Mixed Fruit	15 Teriyaki Chicken Poultry Rice Gravy Country Blend Vegetables Fresh Cucumber Coins Dip Fresh Apple Slices	16 <b>"We Love Summer!"</b> Hot Dog Baked Vegetarian Beans Tortilla Chips Salsa Fresh Orange Slices S'more Bar	17 Chicken Cheese Wrap Potato Smiles Fresh Vegetables Dip Pineapple Tidbits
20 Softshell Beef Taco Toppings: Cheese, Lettuce, & Taco Sauce Sweet Steamed Corn Red Cherry Tomatoes Dip Baked Apple Slices	21 Chicken Nuggets Poultry Rice Gravy Crisp Carrot Sticks Dip Steamed Peas Diced Peaches	22 Breaded Chicken Sandwich Baked Vegetarian Beans Fresh Broccoli Florets Dip Strawberry Cup	23 Pasta W/Meat Sauce Mixed Green Salad Salad Dressing Fresh Cauliflower Bites Dip Pineapple Tidbits	24 Mini Corn Dogs Batter Bites Fresh Vegetables Dip Clementine
27 Cheeseburger Crisp Celery Sticks Dip Mixed Greens Salad Salad Dressing Applesauce	28 Chili Frosted Cinnamon Roll String Cheese Fresh Carrot Sticks Dip Diced Peaches	29 Meatballs Creamy Mashed Potatoes Beef Gravy Dinner Roll Sweet Pepper Slices Dip Strawberry Dessert	30 Pepperoni Pizza Simply Sweet Corn Fresh Broccoli Florets Dip Clementine	31 Chicken Drumsticks Mac-N-Cheese Crisp Carrot Sticks Fresh Vegetables Dip Diced Pears

Milk is available every day. Chocolate Milk is offered on Wednesdays. Menus are subject to change without notice. All toppings are optional.