


Elementary Breakfast Menu

Lincoln, Simmons, & May Overby

September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Labor Day- No School 	4 Elf Grahams Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	5 WGR Breakfast Cereal Mini Donuts Peach Cup Assorted Juices Milk	6 Breakfast Pizza Fruit Assorted Juices Milk	7 WGR Breakfast Cereal String Cheese or Sunflower Kernels Applesauce Assorted Juices Milk
10 Breakfast Pizza Fruit Assorted Juices Milk	11 Fruit Grain Bar Strawberries Raisins *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	12 WGR Breakfast Cereal Cheese Stick or Sunflower Kernels Craisins Wango Mango Juice Milk	13 Breakfast Pizza Fruit Assorted Juices Milk	14 WGR Breakfast Cereal Gogurt Sunflower Kernels Assorted Juices Milk
17 Breakfast Pizza Fruit Assorted Juices Milk	18 Chocolate Chip Grips Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	19 WGR Breakfast Cereal Assorted Muffins Strawberry Craisins Assorted Juices Milk	20 Breakfast Pizza Fruit Assorted Juices Milk	21 WGR Breakfast Cereal Gogurt Mini Donuts Choose 2 of the Above Items Applesauce Cup Assorted Juices Milk
24 Breakfast Pizza Fruit Assorted Juices Milk	25 Fruit Grain Bar Fruit Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	26 WGR Breakfast Cereal Gogurt Applesauce Assorted Juices Milk	27 Breakfast Pizza Fruit Assorted Juices Milk	28 WGR Breakfast Cereal Assorted Muffins Sunflower Kernels Assorted Juices Milk

Milk is available every day. Available Cereal: Whole Grain, Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon toast Crunch

Menus are subject to change without notice.

*Strawberry/Vanilla/Strawberry Yogurt topped with granola

Elementary Breakfast Menu

O. M. Tiffany, Mike Miller, & C. C. Lee

September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Labor Day- No School 	4 WGR Breakfast Cereal Mini Donuts Peach Cup Assorted Juices Milk	5 Breakfast Pizza Fruit Assorted Juices Milk	6 Elf Grahams Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	7 Breakfast Pizza Fruit Assorted Juices Milk
10 WGR Breakfast Cereal Gogurt Sunflower Kernels Assorted Juices Milk	11 WGR Breakfast Cereal String Cheese Mini Donuts Choose 2 of the Above Items Dried Fruit Assorted Juices Milk	12 Breakfast Pizza Fruit Assorted Juices Milk	13 Fruit Grain Bar Raisins Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	14 Breakfast Pizza Fruit Assorted Juices Milk
17 WGR Breakfast Cereal Cheese Stick or Sunflower Kernels Craisins Wango Mango Juice Milk	18 WGR Breakfast Cereal Mini Donuts Applesauce Assorted Juices Milk	19 Breakfast Pizza Fruit Assorted Juices Milk	20 Chocolate Chip Gripz Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	21 Breakfast Pizza Fruit Assorted Juices Milk
24 WGR Breakfast Cereal Assorted Muffins Sunflower Kernels Assorted Juices Milk	25 WGR Breakfast Cereal Gogurt Applesauce Assorted Juices Milk	26 Breakfast Pizza Fruit Assorted Juices Milk	27 Fruit Grain Bar Fruit Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	28 Breakfast Pizza Fruit Assorted Juices Milk


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Elementary Lunch Menu

September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>No School</p> 	<p>4</p> <p>Mini Maple Pancakes Turkey Sausage Links Batter Bites Wango Mango Vegetable Juice Blueraspberry/ Lemonade SideKick</p>	<p>5</p> <p>Popcorn Chicken Creamy Mashed Potatoes Gravy Fresh Cucumber Slices Dip S.D. Watermelon Slice</p>	<p>6</p> <p>Chicken Cheese Wrap Toppings: Cheese, Lettuce, & Ranch Dressing Steamed Broccoli Fresh Carrot Sticks Dip Sweet Strawberries</p>	<p>7</p> <p>Cheeseburger Baked Vegetarian Beans Fresh Vegetables Dip Fresh Fruit Birthday Treats!!</p> <p>Celebrating All of August & September Birthdays!</p>
<p>10</p> <p>Breaded Chicken Sandwich Steamed Green Beans Fresh Baby Carrots Dip BlueRaspberry/ Lemonade SideKick</p>	<p>11</p> <p>Breakfast (Turkey) Sausage Pizza Batter Bites Fresh Pepper Slices Dip S.D. Watermelon Slice</p>	<p>12</p> <p>Chicken Nuggets Poultry Rice Gravy Mixed Greens Salad Salad Dressing Fresh Cucumber Coins Dip Fresh Grapes</p>	<p>13</p> <p>Soft Shell Beef Taco Toppings: Shredded Lettuce, Cheese, & Taco Sauce Simply Sweet Corn Red Cherry Tomatoes Dip Fresh Sweet Strawberries</p>	<p>14</p> <p>Hot Dog (All Beef) Baked Vegetarian Beans Fresh Vegetables Dip Fresh Fruit</p>
<p>17</p> <p>Strawhats Fresh Garden Carrots Fresh Cucumber Coins Dip Mixed Fruit</p>	<p>18</p> <p>French Toast Sticks Turkey Sausage Links Wango Mango Vegetable Juice S.D. Watermelon Slice</p>	<p>20</p> <p>Chicken Nuggets Creamy Mashed Potatoes Gravy Fresh Broccoli Florets Dip Fresh Grapes</p>	<p>20</p> <p>Pasta W/Meat Sauce Mixed Greens Salad Salad Dressing Crisp Carrot Sticks Dip Fresh Sweet Strawberries</p>	<p>21</p> <p>Cheeseburger Baked Vegetarian Beans Fresh Vegetables Dip Fresh Fruit</p>
<p>24</p> <p>Mini Waffles Turkey Sausage Links Batter Bites Wango Mango Vegetable Juice S.D. Watermelon Slice</p>	<p>25</p> <p>Meatballs Creamy Mashed Potatoes Beef Gravy Dinner Roll Fresh Vegetables Dip Diced Peaches</p>	<p>26</p> <p>Chicken Patty W/Bun Baked Batter Bites Crisp Carrot Sticks Dip Yellow Petite Banana</p>	<p>27</p> <p>Chicken Drumstick Poultry Rice Gravy Mango Wango Vegetable Juice Fresh Broccoli Florets Dip Fresh Sweet Strawberries</p>	<p>28</p> <p>Mini Corn Dogs Baked Vegetarian Beans Corn Chips Fresh Cauliflower Bites Dip Fresh Fruit</p>

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All toppings are optional.