


August 2018

Central High School Breakfast Menu

Line 1

Monday	Tuesday	Wednesday	Thursday	Friday
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<p>20</p> <p>Staff Development</p> 	<p>21</p> <p>½ Day No Breakfast</p> <p>9th Grade?</p>	<p>22</p> <p>WGR Breakfast Cereal Frosted Cinnamon Roll Breakfast Bar Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>23</p> <p>*Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items</p> <p>Served with Fruit Cup, 100% juice, & Milk</p>	<p>24</p> <p>WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>
<p>27</p> <p>WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>28</p> <p>*Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Carmel Roll Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk.</p>	<p>29</p> <p>WGR Breakfast Cereal Breakfast Bar Frosted Cinnamon Roll Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>30</p> <p>*Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>	<p>31</p> <p>WGR Breakfast Cereal Breakfast Bar Sunflower Nuts String Cheese Choose 2 of the Above Items</p> <p>Served with fruit, 100% juice, & Milk</p>

Milk is available every day. Menus are subject to change without notice. Available Whole Grain Cereal: Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon toast Crunch

*Strawberry/Vanilla/Strawberry Yogurt topped with granola (topping optional)


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Central High School Breakfast Menu

Line 2

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<p>20</p> <p>Staff Development</p> 	<p>21</p> <p>½ Day No Breakfast</p>	<p>22</p> <p>Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza Served with fruit and 100% juice.</p>	<p>23</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Sausage Links</p> <p>Served with yogurt, fruit, & 100% juice.</p>	<p>24</p> <p>Cheddar Cheese Omelet OR Mini Maple Pancakes OR Breakfast Sausage Pizza OR Bacon Scramble Pizza</p> <p>Served with yogurt, fruit and 100% juice.</p>
<p>27</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Assorted Bagels w/ Cream Cheese Spreads OR Cheddar Cheese Omelet</p> <p>Served with fruit and 100% juice.</p>	<p>28</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR Golden Eagle Waffles W/ Sausage Links OR Egg, Cheese, & Turkey Sausage Burrito</p> <p>Served with fruit and 100% juice.</p>	<p>29</p> <p>Egg & Cheese Slider OR Sausage & Cheese Slider OR Bacon Scramble Pizza or Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>30</p> <p>Bacon Scramble Pizza OR Breakfast Sausage Pizza OR French Toast Sticks w/ Sausage Links</p> <p>Served with fruit and 100% juice.</p>	<p>31</p> <p>Cheddar Cheese Omelet OR Mini Maple Pancakes OR Breakfast Sausage Pizza OR Bacon Scramble Pizza</p> <p>Served with fruit and 100% juice.</p>

Milk is available every day. Menus are subject to change without notice. Available Whole Grain Cereal: Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon toast Crunch



WGR- Whole Grain Item

*Strawberry/Vanilla/Strawberry Yogurt topped with granola (topping optional)

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<p style="text-align: right;">20</p> <p>Staff Development</p> 	<p style="text-align: right;">21</p> <p>9th Grade All Day 10th-12th PM</p> <p>Walking Tacos or Chicken Nuggets w/Dinner Roll Puzzle Fries Mixed Greens Salad Dressing Assorted Fruits</p> <p>Welcome Class of 2022!</p>	<p style="text-align: right;">22</p> <p>"We Love Summer!" Hot Dog or Hamburger or **Mr. Ribb Baked Vegetarian Beans Fresh Carrot Sticks/Dip Fresh Strawberries Zee Zees Campfire S'more Bar</p> 	<p style="text-align: right;">23</p> <p>Roast Beef & Cheddar Sandwich or Breaded Chicken Sandwich Tortilla Chips Salsa Cucumbers Slices Dip S.D. Watermelon Slice</p>	<p style="text-align: right;">24</p> <p>Chicken Nuggets or Fish Shapes Mashed Potatoes Gravy Fresh Vegetables Dip Assorted Fruits</p>
<p style="text-align: right;">27</p> <p>Walking Taco or **Mr. Ribb Toppings: Lettuce, Cheese, Salsa, Tomatoes & Onions Green Beans Fresh Peppers Slices Dip Diced Peaches</p>	<p style="text-align: right;">28</p> <p>Breakfast Pizza W/ Cheese Stick or Breaded Chicken Sandwich Batter Bites Wango Mango Vegetable Juice Frozen Fruit SideKick</p>	<p style="text-align: right;">29</p> <p>Popcorn Chicken or Tangerine Chicken or Teriyaki Chicken Poultry Rice Gravy Fresh Broccoli Florets Dip S.D. Watermelon Slice</p>	<p style="text-align: right;">30</p> <p>Hamburger or Pasta W/Turkey Alfredo or Pasta W/ Meat Sauce and Bread Stick Mixed Greens Salad Salad Dressing Fresh Carrots Dip Fresh Apple Slices (Red, Yellow, or Green)</p>	<p style="text-align: right;">31</p> <p>Mini Corn Dogs or Cheeseburger or Fish Sandwich Baked Vegetarian Beans Tortilla Chips Salsa Fresh Cucumber Slices Dip Assorted Fruits</p>

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**Contains Pork