

# High School Breakfast

May 2019

100% Fruit Juice, Fruit, and milk are offered as part of the menu every day.

Line 1

Monday	Tuesday	Wednesday	Thursday	Friday
29 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese <b>Choose 2 of the Above Items</b>	30 Yogurt Explosion WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b>	May 1 WGR Breakfast Cereal Carmel Roll Breakfast Bar <b>Choose 2 of the Above Items</b>	May 2 Breakfast Banana Split WGR Breakfast Cereal Assorted Muffins <b>Choose 2 of the Above Items</b>	May 3 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese <b>Choose 2 of the Above Items</b>
6 WGR Breakfast Cereal Bagel Yogurt String Cheese <b>Choose 2 of the Above Items</b>	7 Yogurt Explosion WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b>	8 WGR Breakfast Cereal Frosted Cinnamon Roll Breakfast Bar <b>Choose 2 of the Above Items</b>	9 Breakfast Banana Split WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b>	10 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese <b>Choose 2 of the Above Items</b>
13 New Assorted WGR Breakfast Cereal Assorted Muffins Yogurt Sunflower Kernels <b>Choose 2 of the Above Items</b>	14 Yogurt Explosion or Dannon Yogurt WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b>	15 WGR Breakfast Cereal Carmel Roll Breakfast Bar <b>Choose 2 of the Above Items</b>	16 Breakfast Banana Split WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b>	17 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese <b>Choose 2 of the Above Items</b>
20 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese <b>Choose 2 of the Above Items</b>	21 Yogurt Explosion WGR Breakfast Cereal Carmel Roll <b>Choose 2 of the Above Items</b>	22 WGR Breakfast Cereal Frosted Cinnamon Roll Breakfast Bar <b>Choose 2 of the Above Items</b>	23 WGR Breakfast Cereal WGR Bread Item <b>Choose 2 of the Above Items</b>	24 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese <b>Choose 2 of the Above Items</b>

100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, & Mango Wango.

Muffin Choices: Blueberry, Chocolate, or Banana

(WGR) Assorted Whole Grain Cereals: Froot Loops, Rice Krispy, Cocoa Puffs, Cheerios, Lucky Charms, or Cinnamon Toast Crunch.

WGR Bread Items: Cinnamon Toast Crisps, Backpack Snacks, Gripz, Graham Snacks, Soft Baked Strawberry Crisp Bar, Strawberry Grahams, Etc.

Yogurt Explosion: A serving of vanilla or strawberry yogurt served with variety of toppings (fruit, granola, etc.)

Breakfast Banana Split: 1 banana topped with vanilla or strawberry yogurt and variety of toppings (fruit, honey, cinnamon)

\*Strawberry/Vanilla Yogurt topped with granola (topping optional)

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Line 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>29</p> <p>Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza <b>or</b> Mini Pancakes w/ Sausage Links</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>30</p> <p>Egg &amp; Cheese Slider <b>or</b> Sausage &amp; Cheese Slider <b>or</b> Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>May 1</p> <p>Mini Maple Pancake Wraps <b>or</b> Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza</p> <p>Served with choice of yogurt or WGR Item, Fruit, and 100% Juice.</p>	<p>May 2</p> <p>Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza <b>or</b> French Toast Sticks w/ Sausage Links</p> <p>Served with yogurt, fruit, &amp; 100% juice.</p>	<p>May 3</p> <p>Breakfast Sausage Pizza <b>or</b> Bacon Scramble Pizza <b>or</b> Omelets</p> <p>Served with yogurt, fruit and 100% juice.</p>
<p>6</p> <p>Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza <b>or</b> Mini Waffles</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>7</p> <p>Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza <b>or</b> *Breakfast Burrito</p> <p>Served with yogurt, fruit and 100% juice.</p>	<p>8</p> <p>Pancake Wrap on a Stick <b>or</b> Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza</p> <p>Served with choice of yogurt or WGR Item, Fruit, and 100% Juice</p>	<p>9</p> <p>Egg &amp; Cheese Slider <b>or</b> Sausage &amp; Cheese Slider <b>or</b> Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>10</p> <p>Cheddar Cheese Omelet <b>or</b> Breakfast Sausage Pizza <b>or</b> Bacon Scramble Pizza</p> <p>Served with yogurt, fruit and 100% juice.</p>
<p>13</p> <p>Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza <b>or</b> Sliders</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>14</p> <p>French Toast Sticks (3) W/Gogurt <b>or</b> Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza</p> <p>Served with yogurt, fruit and 100% juice.</p>	<p>15</p> <p>Sliders <b>or</b> Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza</p> <p>Served with choice of yogurt or WGR Item, Fruit, and 100% Juice</p>	<p>16</p> <p>Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza <b>or</b> Mini Waffles</p> <p>Served with fruit and 100% juice.</p>	<p>17</p> <p>Cheddar Cheese Omelet <b>or</b> Breakfast Sausage Pizza <b>or</b> Bacon Scramble Pizza</p> <p>Served with yogurt, fruit and 100% juice.</p>
<p>20</p> <p>Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza <b>or</b> Mini Pancakes w/ Sausage Links</p> <p>Served with yogurt, fruit and 100% juice</p>	<p>21</p> <p>Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza <b>or</b> *Breakfast Burrito</p> <p>Served with choice of yogurt or WGR Item, Fruit, and 100% Juice</p>	<p>22</p> <p>Egg &amp; Cheese Slider <b>or</b> Sausage &amp; Cheese Slider <b>or</b> Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza</p> <p>Served with fruit and 100% juice.</p>	<p>23</p> <p>Bacon Scramble Pizza <b>or</b> Breakfast Sausage Pizza <b>or</b> Mini Pancake Wraps w/ Sausage Links</p> <p>Served with fruit and 100% juice.</p>	<p>24</p> <p>Cheddar Cheese Omelet <b>or</b> Breakfast Sausage Pizza <b>or</b> Bacon Scramble Pizza</p> <p>Served with yogurt, fruit and 100% juice.</p>

Milk is available every day. Menus are subject to change without notice.  
100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, & Mango Wango.  
\*Contains Pork

May 2019

# High School Lunch Menu

A selection of fruits are available every day. Milk is available every day.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>April 29</p> <p>Walking Taco or Grilled Chicken Sandwich or Cook's Choice Toppings: Lettuce, Cheese, Tomatoes, Grilled Peppers, Onions, &amp; Beans Puzzle Fries Fresh Cauliflower Bites Dip</p>	<p>April 30</p> <p>Bacon Cheeseburger or Breakfast Pizza W/Cheese Stick Batter Bites Wango Mango Vegetable Juice</p>	<p>1</p> <p>Rotini Pasta W/ Meat Sauce or Turkey Alfredo &amp; Breadstick or Breaded Chicken Sandwich Mixed Greens Salad Salad Dressing Fresh Vegetables Dip</p>	<p>2</p> <p>Tangerine Chicken or Popcorn Chicken Poultry Rice Gravy Stir Fry Vegetables Crisp Carrot Sticks Dip</p>	<p>3</p> <p>Mini Corn Dogs or Cheese Pizza Baked Vegetarian Beans Tortilla Chips Salsa Fresh Vegetables Dip</p>
<p>6</p> <p>Soft Shell Taco (Fish Beef, Pork, or Chicken) or Cheese Pizza Toppings: Pinto Beans, Lettuce, Cheese, and Taco Sauce Steamed Vegetables Fresh Broccoli Florets Dip</p>	<p>7</p> <p>Mini Corn Dogs or Roast Beef-N-Cheddar Baked Vegetarian Beans Tortilla Chips Salsa Fresh Carrots Dip</p>	<p>8</p> <p>Rotini Pasta W/ Meat Sauce or Turkey Alfredo &amp; Breadstick or Breaded Chicken Sandwich Mixed Greens Salad Salad Dressing Fresh Vegetables Dip</p> <p>Celebrating All May Birthdays!</p>	<p>9</p> <p>French Toast Sticks W/Turkey Sausage Links or Cheese Pizza Oven Potatoes Wango Mango Vegetable Juice</p>	<p>10</p> <p>Hot Dog or Fish Sandwich or Chicken Nuggets W/Dinner Roll Fries Fresh Vegetables Dip</p>
<p>13</p> <p>Walking Taco or **Mr. Ribb or Cook's Choice Toppings: Lettuce, Cheese, Tomatoes, Grilled Peppers, Onions, &amp; Beans Mixed Greens Salad Salad Dressing Carrot Sticks Dip</p>	<p>14</p> <p>Tangerine Chicken W/ Dinner Roll or Popcorn Chicken W/ Dinner Roll or Fish Sandwich Poultry Rice Gravy Stir Fry Vegetables Assorted Pepper Slices Dip</p>	<p>15</p> <p>Rotini Pasta W/ Meat Sauce or Turkey Alfredo &amp; Breadstick or Hamburger Mixed Greens Salad Salad Dressing Cucumber Slices Dip</p>	<p>16</p> <p>Bacon Cheeseburger or Breakfast Pizza W/Cheese Stick Fries Wango Mango Vegetable Juice</p>	<p>17</p> <p>Breaded Chicken Sandwich or Assorted Pizza Oven Potatoes Wango Mango Vegetable Juice</p> <p>Senior Breakfast</p>
<p>20</p> <p>Chicken Nuggets W/Dinner Roll or Tangerine Chicken W/Dinner Roll or Cook's Choice Poultry Rice Gravy Dinner Roll Stir Fry Vegetables Assorted Pepper Slices Dip</p>	<p>21</p> <p>Walking Taco or Cheese Pizza or Cook's Choice Toppings: Lettuce, Cheese, Tomatoes, Grilled Peppers, Onions, &amp; Beans Puzzle Fries</p>	<p>22</p> <p>Rotini Pasta W/ Meat Sauce or Turkey Alfredo &amp; Breadstick or Hamburger Mixed Greens Salad Salad Dressing Cucumber Slices Dip</p>	<p>23</p> <p>Mini Corn Dogs or Assorted Pizzas or Cook's Choice Fries Assorted Fresh Vegetables Dip</p>	<p>24</p> <p><b>No Lunch 1/2 Day</b></p> 

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\*\*Contains Pork