

Middle School Breakfast

April 2019

100% Fruit Juice, Fruit, and milk are offered as part of the menu every day.

Line 1

Monday	Tuesday	Wednesday	Thursday	Friday
1 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items	2 Berry Smoothie (Strawberry Yogurt, Apple Juice and Applesauce) or *Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items	3 Cinnamon Roll WGR Breakfast Cereal Carmel Roll String Cheese Sunflower Kernels Choose 2 of the Above Items	4 Breakfast Banana Split WGR Breakfast Cereal Soft Baked Strawberry Crisp Bar Choose 2 of the Above Items	5 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items
Special menu returns due to popular demand!!				
8 “Start Your Engines!” Grab N Go Breakfast (New Assorted Cereals, Poptarts, Assorted Fruits & Etc.)	9 Yogurt Parfait New Flavor: Banana Coconut Cream Pie Rice Krispy Bar Assorted Fruits	10 Cinnamon Roll New Item- Assorted Flavors of Dannon Yogurt Assorted Fruits	11 WGR Breakfast Cereal Strawberry Yogurt Chex Mix Assorted Fruits	12 Grab N Go Breakfast (New Assorted Cereals, Poptarts, Assorted Fruits & Etc “You Finished the Race!!” Stop in for your prize- A Motts Fruit Snack!
15 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items	16 Food Court Smoothie (Vanilla Yogurt, Applesauce and Orange Juice) or *Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items	17 Yogurt Parfait WGR Breakfast Cereal Breakfast Bar Choose 2 of the Above Items	18 No School- 	19 No School- 
22 No School- Easter Monday 	23 Berry Smoothie (Strawberry Yogurt, Apple Juice and Applesauce) or *Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items	24 Yogurt Parfait New Flavor: Strawberry Pie Parfait WGR Breakfast Cereal Carmel Roll Choose 2 of the Above Items	25 Breakfast Banana Split WGR Breakfast Cereal Strawberry Graham Snacks Choose 2 of the Above Items	26 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items
29 WGR Breakfast Cereal Assorted Muffins Yogurt String Cheese Choose 2 of the Above Items	30 Food Court Smoothie (Vanilla Yogurt, Applesauce and Orange Juice) or *Yogurt Parfait w/Granola WGR Breakfast Cereal WGR Bread Item Choose 2 of the Above Items	May 1 Yogurt Parfait New Flavor: Apple Pie Parfait WGR Breakfast Cereal Frosted Cinnamon Roll Choose 2 of the Above Items	May 2 Breakfast Banana Split WGR Breakfast Cereal Soft Baked Strawberry Crisp Bar Choose 2 of the Above Items	May 3 WGR Breakfast Cereal Mini Donuts Yogurt String Cheese Choose 2 of the Above Items

100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, & Mango Wango.

Muffin Choices: Blueberry, Chocolate, or Banana

(WGR) Assorted Whole Grain Cereals: Froot Loops, Rice Krispy, Cocoa Puffs, Cheerios, Lucky Charms, or Cinnamon Toast Crunch.

WGR Bread Items: Cinnamon Toast Crisps, Backpack Snacks, Gripz, Graham Snacks, Etc.

Breakfast Banana Split: 1 banana topped with vanilla or strawberry yogurt and variety of toppings (fruit, honey, cinnamon)

*Strawberry/Vanilla/Strawberry Yogurt topped with granola (topping optional)

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Line 2

Monday	Tuesday	Wednesday	Thursday	Friday
1 Bacon Scramble Pizza or Breakfast Sausage Pizza or Cheddar Cheese Omelet Served with fruit and 100% juice.	2 Bacon Scramble Pizza or Breakfast Sausage Pizza or French Toast Sticks W/Sausage Links or Cheese Stick Served with fruit and 100% juice.	3 Egg & Cheese Slider or Sausage & Cheese Slider or Bacon Scramble Pizza or Breakfast Sausage Pizza Served with fruit and 100% juice.	4 Bacon Scramble Pizza or Breakfast Sausage Pizza or Cook's Choice Served with fruit and 100% juice.	5 Golden Eagle Waffles w/ Sausage Links or Breakfast Sausage Pizza or Bacon Scramble Pizza Served with fruit and 100% juice.
Special menu returns due to popular demand!!				
8 "Start Your Engines!" Bacon Scramble Pizza or Breakfast Sausage Pizza or Chicken Nuggets (3) w/ Dinner Roll Served with fruit and 100% juice.	9 French Toast Sticks (3) W/Gogurt or Bacon Scramble Pizza or Breakfast Sausage Pizza Served with fruit and 100% juice.	10 Turkey Ham & Cheese Slider or Bacon Scramble Pizza or Breakfast Sausage Pizza Served with fruit and 100% juice.	11 Bacon Scramble Pizza or Breakfast Sausage Pizza or Mini Corn Dogs (3) W/Bread Item Served with fruit and 100% juice.	12 French Toast Sticks (3) W/Gogurt or Bacon Scramble Pizza or Breakfast Sausage Pizza Served with fruit and 100% juice. "You Finished the Race!!" Stop in for your prize- A Motts Fruit Snack!
15 Bacon Scramble Pizza or Breakfast Sausage Pizza or Cheddar Cheese Omelet Served with fruit and 100% juice.	16 Bacon Scramble Pizza or Breakfast Sausage Pizza or French Toast Sticks W/ Sausage Links or Egg, Cheese, & Turkey Sausage Burrito Served with fruit and 100% juice.	17 Bacon Scramble Pizza or Breakfast Sausage Pizza or Cook's Choice Served with fruit and 100% juice.	18 No School- 	19 No School- 
22 No School- Easter Monday 	23 Bacon Scramble Pizza or Breakfast Sausage Pizza or Blueberry Waffles W/ Sausage Links or Egg, Cheese, & Turkey Sausage Burrito Served with fruit and 100% juice.	24 Egg & Cheese Slider or Sausage & Cheese Slider or Bacon Scramble Pizza or Breakfast Sausage Pizza Served with fruit and 100% juice.	25 Bacon Scramble Pizza or Breakfast Sausage Pizza or Cook's Choice Served with fruit and 100% juice.	26 Bacon Scramble Pizza or Breakfast Sausage Pizza or Golden Eagle Waffles w/ Sausage Links Served with fruit and 100% juice.
29 Bacon Scramble Pizza or Breakfast Sausage Pizza or Cheddar Cheese Omelet Served with fruit and 100% juice.	30 Bacon Scramble Pizza or Breakfast Sausage Pizza or French Toast Sticks W/Sausage Links or Cheese Stick Served with fruit and 100% juice.	May 1 Egg & Cheese Slider or Sausage & Cheese Slider or Bacon Scramble Pizza or Breakfast Sausage Pizza Served with fruit and 100% juice.	May 2 Bacon Scramble Pizza or Breakfast Sausage Pizza or Cook's Choice Served with fruit and 100% juice.	May 3 Bacon Scramble Pizza or Breakfast Sausage Pizza or Golden Eagle Waffles w/ Sausage Links Served with fruit and 100% juice.

Milk is available every day.

100% Fruit Juice: Apple, Orange, Grape, Dragon Punch, & Mango Wango.

Middle School Lunch Menu

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Super Nachos or Bacon Cheeseburger Toppings; Lettuce, Onions, & Tomatoes Steamed Rice Fresh Cauliflower Bites Fresh Broccoli Florets Dip Diced Pears	2 French Toast Sticks and Apple Pie Yogurt Parfait or **Mr. Ribb Batter Bites Wango Mango Vegetable Juice Clementine	3 Hamburger Steak or Fish Shapes Creamy Mashed Potatoes Gravy Dinner Roll Grilled Mushrooms Fresh Apple Slices	4 Tangerine Chicken or Chicken Drumstick or Meatballs Dinner Roll Poultry Rice Gravy Grilled Mushrooms Steamed Peas Fresh Carrot Sticks Dip Petite Banana	5 Cheese Pizza or Cold Cut Sub Baked Vegetarian Beans Fresh Vegetables Dip Assorted Fruits
8 Hot Dog or Breaded Chicken Sandwich Corn Chips Fresh Broccoli Florets Crisp Baby Carrots Dip Diced Pears	9 Popcorn Chicken or Tangerine Chicken Poultry Rice Gravy Dinner Roll Fresh Grape Tomatoes Fresh Cauliflower Bites Dip Kiwi Quarters	10 Hot Ham & Cheese Sandwich or Hamburger Mixed Greens Salad Salad Dressing French Fries Clementine	11 Cheese or Chicken Quesadilla W/Puzzle Fries or *Super Spuds W/Bread Stick Toppings: Lettuce, Onions, & Tomatoes Fresh Pepper Slices Dip Petite Yellow Banana	12 Chicken Cheese Wrap or Fish Taco or Hamburger Deluxe Toppings: Lettuce and Ranch Dressing Fresh Vegetables Dip Fresh Apple Slices
15 Chicken Nuggets or Teriyaki Chicken Creamy Mashed Potatoes Gravy Dinner Roll Crisp Baby Carrots Dip Clementine	16 Walking Taco or Breaded Chicken Sandwich Fresh Cauliflower Bites Dip Steamed Peas Fresh Apple Slices	17 **Mr. Ribb or Breaded Chicken Sandwich Simply Sweet Corn Fresh Vegetables Dip Assorted Fruits	18 No School- 	19 No School- 
22 No School- Easter Monday 	23 Cheeseburger or French Toast Sticks (3) & Turkey Sausage Links (2) or Danon Yogurt Puzzle Fries Fresh Vegetables Dip Diced Peaches	24 Mini Corn Dogs or **Mr. Ribb Baked Vegetarian Beans Crisp Celery Sticks Dip Diced Pears	25 Chicken Sandwich or Cheese Pizza Crisp Baby Carrots Fresh Broccoli Florets Dip Fresh Apple Slices Celebrating All April Birthdays!	26 Popcorn Chicken or Hamburger Steak Creamy Mashed Potatoes Gravy Dinner Roll Grilled Mushrooms Fresh Vegetables Dip Assorted Fruits
29 Hot Ham & Cheese Sandwich or Soft Shell Taco (Beef or Chicken) Toppings: Lettuce, Cheese, and Taco Sauce Steamed Peas Fresh Crisp Celery Sticks Dip Diced Peaches	30 Cheeseburger or Breakfast Pizza Pizza W/Yogurt or Cheese Stick Baked Batter Bites Crisp Baby Carrots Dip Diced Pears	May 1 Tangerine Chicken or Chicken Nuggets W/Dinner Roll or Hamburger Poultry Rice Gravy Steamed Vegetables Fresh Pepper Slices Dip Clementine	May 2 Rotini Pasta W/ Meat Sauce or Turkey Alfredo & Breadstick or Breaded Chicken Sandwich Mixed Greens Salad Salad Dressing Fresh Broccoli Florets Dip Fresh Apple Slices	May 3 Mini Corn Dogs or Cook's Choice Baked Vegetarian Beans Assorted Fresh Vegetables Assorted Fruits

Milk is available every day. Menus are subject to change without notice.

**Contains Pork

*Super Spuds: Puzzle fries topped with beef taco meat, nacho cheese sauce, and toppings (lettuce, onions, tomatoes & etc.)