




Elementary Breakfast Menu

Lincoln, Simmons, & May Overby
November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
October 29 Breakfast Pizza Fruit Assorted Juices	October 30 Elf Grahams Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal	October 31 WGR Breakfast Cereal Mini Donuts Peach Cup Assorted Juices	1 Breakfast Pizza Fruit Assorted Juices	2 WGR Breakfast Cereal String Cheese or Sunflower Kernels Applesauce Assorted Juices
5 Breakfast Pizza Fruit Assorted Juices	6 Zee Zees Cherry Crisp Bar Raisins *Yogurt Parfait w/Granola or WGR Breakfast Cereal	7 WGR Breakfast Cereal String Cheese Mini Donuts Choose 2 of the Above Items Dried Fruit Assorted Juices	8 Breakfast Pizza Fruit Assorted Juices	9 WGR Breakfast Cereal Gogurt Sunflower Kernels Fruit Assorted Juices
12 Breakfast Pizza Fruit Assorted Juices *SE Special Breakfast Event (Special Menu)	13 Chocolate Chip Grips Mixed Fruit Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal	14 WGR Breakfast Cereal Assorted Muffins Strawberry Craisins Assorted Juices	15 Breakfast Pizza Fruit Assorted Juices	16 Show Up For A Dog Gone Good Breakfast!!! 
19 Breakfast Pizza Fruit Assorted Juices	20 WGR Breakfast Cereal Assorted Muffins Sunflower Kernels Choose 2 of the Above Items Fruit Assorted Juices	21 WGR Breakfast Cereal Gogurt Applesauce Assorted Juices Staff Development- Early Dismissal 11:30	22 	23 
26 WGR Breakfast Cereal String Cheese or Sunflower Kernels Applesauce Assorted Juices	27 Elf Grahams Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal	28 WGR Breakfast Cereal Mini Donuts Peach Cup Assorted Juices	29 Breakfast Pizza Fruit Assorted Juices	30 WGR Breakfast Cereal String Cheese or Sunflower Kernels Applesauce Assorted Juices

Milk is available every day. Available Cereal: Whole Grain, Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon toast Crunch

Menus are subject to change without notice.

*Strawberry/Vanilla/Strawberry Yogurt topped with granola



Show Up for a Dog Gone Good Breakfast

Breakfast Cereal
(Fruit Loops or Cocoa Puffs or Rice Krispies)
Puppy "Cinnamon Snacks"
Fruit Snacks
Fresh Apple Slices
Fruit Juice
Milk

Elementary Breakfast Menu O. M. Tiffany, Mike Miller, & C. C. Lee

November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
October 29 WGR Breakfast Cereal Cheese Stick or Sunflower Kernels Craisins Wango Mango Juice	October 30 WGR Breakfast Cereal Mini Donuts Peach Cup Assorted Juices	October 31 Breakfast Pizza Fruit Assorted Juices	1 Elf Grahams Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal	2 Breakfast Pizza Fruit Assorted Juices
5 WGR Breakfast Cereal Gogurt Sunflower Kernels Fruit Assorted Juices	6 WGR Breakfast Cereal String Cheese Mini Donuts Choose 2 of the Above Items Dried Fruit Assorted Juices	7 Breakfast Pizza Fruit Assorted Juices	8 Zee Zees Cherry Crisp Bar Raisins Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal	9 Breakfast Pizza Fruit Assorted Juices
12 WGR Breakfast Cereal Assorted Muffins Strawberry Craisins Assorted Juices	13 Show Up For A Dog Gone Good Breakfast!!! 	14 Breakfast Pizza Fruit Assorted Juices	15 Chocolate Chip Gripz Mixed Fruit Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal	16 Breakfast Pizza Fruit Assorted Juices
19 WGR Breakfast Cereal Assorted Muffins Sunflower Kernels Choose 2 of the Above Items Fruit Assorted Juices	20 WGR Breakfast Cereal Gogurt Applesauce Assorted Juices	21 Breakfast Pizza Fruit Assorted Juices Staff Development- Early Dismissal 11:30	22 	23 
26 WGR Breakfast Cereal Cheese Stick or Sunflower Kernels Craisins Wango Mango Juice	27 WGR Breakfast Cereal Mini Donuts Peach Cup Assorted Juices	28 Breakfast Pizza Fruit Assorted Juices	29 Elf Grahams Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal	30 Breakfast Pizza Fruit Assorted Juices

Milk is available every day. Available Cereal: Whole Grain, Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon toast Crunch

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Show Up for a Dog Gone Good Breakfast

Breakfast Cereal
(Fruit Loops or Cocoa Puffs or Rice Krispies)
Puppy "Cinnamon Snacks"
Fruit Snacks
Fresh Apple Slices
Fruit Juice
Milk

Elementary Lunch Menu

November 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	5 Popcorn Chicken Creamy Mashed Potatoes Gravy Fresh Broccoli Florets Dip Strawberry Cup	6 Blueberry Waffles Turkey Sausage Links Batter Bites Wango Mango Vegetable Juice Peach Cup	7 Cheeseburger Baked Vegetarian Beans Mixed Greens Salad Salad Dressing Mixed Fruit Birthday Treats!! Celebrating All of November Birthdays!	8 Pasta w/Meat Sauce Fresh Cauliflower Bites Fresh Carrot Sticks Dip Fresh Apple Slices	9 Grilled Chicken Cheese Wrap Toppings: Shredded Lettuce, Cheese, & Ranch Steamed Peas Fresh Vegetables Dip Applesauce
Week 2	12 Breaded Chicken Sandwich Mixed Greens Salad Salad Dressing Fresh Baby Carrots Dip Blueraspberry/ Lemonade Sidekick	13 Breakfast (Turkey) Sausage Pizza Batter Bites Wango Mango Vegetable Juice Mixed Fruit	14 Soft Shell Beef Taco Toppings: Shredded Lettuce, Cheese, & Taco Sauce Simply Sweet Corn Fresh Broccoli Florets Dip Applesauce	15 Chicken Nuggets Poultry Rice Gravy Steamed Vegetables Fresh Celery Sticks Dip Strawberry Cup	16 Hot Dog (All Beef) Baked Vegetarian Beans Fresh Vegetables Dip Peach Cup
Week 3	19 Strawhats Batter Bites Fresh Carrot Sticks Diced Pears	20 Chicken Nuggets Creamy Mashed Potatoes Gravy Steamed Peas Fruit Cup	21 School Breakfast Will Be Served!!! Staff Development- Early Dismissal 11:30	22 	23 
Week 4	26 Softshell beef Taco Toppings: Shredded Lettuce, Cheese, & Taco Sauce Country Blend Vegetables Crisp Carrot Sticks Dip Diced Pears	27 Mini Maple Pancakes Turkey Sausage Links Batter Bites Wango Mango Vegetable Juice Fresh Orange Slices	28 Meatballs Creamy Mashed Potatoes Beef Gravy Dinner Roll Fresh Broccoli Florets Dip Fresh Apple Slices	29 Chicken Drumstick Poultry Rice Gravy Steamed Peas Fresh Carrot Sticks Dip Petite Banana	30 Mini Corn Dogs Baked Vegetarian Beans Corn Chips Fresh Cauliflower Bites Dip Diced Peaches

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