

Elementary Breakfast Menu

Lincoln, Simmons, & May Overby

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Pizza Fruit Assorted Juices Milk	2 Elf Grahams Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	3 WGR Breakfast Cereal Mini Donuts Peach Cup Assorted Juices Milk	4 Breakfast Pizza Fruit Assorted Juices Milk	5 Staff Development Day- No School 
8 Native American Day- No School	9 Fruit Grain Bar Raisins *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	10 WGR Breakfast Cereal String Cheese Mini Donuts Choose 2 of the Above Items Dried Fruit Assorted Juices Milk	11 Breakfast Pizza Fruit Assorted Juices Milk	12 WGR Breakfast Cereal Gogurt Sunflower Kernels Assorted Juices Milk
15 Breakfast Pizza Fruit Assorted Juices Milk	16 Chocolate Chip Grips Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	17 WGR Breakfast Cereal Assorted Muffins Strawberry Craisins Assorted Juices Milk	18 Breakfast Pizza Fruit Assorted Juices Milk	19  Parent-Teacher Conferences No School
22 Breakfast Pizza Fruit Assorted Juices Milk	23 Fruit Grain Bar Fruit Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	24 WGR Breakfast Cereal Gogurt Applesauce Assorted Juices Milk	25 Breakfast Pizza Fruit Assorted Juices Milk	26 WGR Breakfast Cereal Assorted Muffins Sunflower Kernels Choose 2 of the Above Items Fruit Assorted Juices Milk
29 Breakfast Pizza Fruit Assorted Juices Milk	30 Elf Grahams Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	31 WGR Breakfast Cereal Mini Donuts Peach Cup Assorted Juices Milk	November 1 Breakfast Pizza Fruit Assorted Juices Milk	November 2 WGR Breakfast Cereal String Cheese or Sunflower Kernels Applesauce Assorted Juices Milk

Milk is available every day. Available Cereal: Whole Grain, Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon toast Crunch

Menus are subject to change without notice.

*Strawberry/Vanilla/Strawberry Yogurt topped with granola

Elementary Breakfast Menu

O. M. Tiffany, Mike Miller, & C. C. Lee

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 WGR Breakfast Cereal Cheese Stick or Sunflower Kernels Craisins Wango Mango Juice Milk	2 WGR Breakfast Cereal Mini Donuts Peach Cup Assorted Juices Milk	3 Breakfast Pizza Fruit Assorted Juices Milk	4 Elf Grahams Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	5 Staff Development Day- No School 
8 Native American Day- No School	9 WGR Breakfast Cereal String Cheese Mini Donuts Choose 2 of the Above Items Dried Fruit Assorted Juices Milk	10 Breakfast Pizza Fruit Assorted Juices Milk	11 Fruit Grain Bar Raisins Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	12 Breakfast Pizza Fruit Assorted Juices Milk
15 WGR Breakfast Cereal Cheese Stick or Sunflower Kernels Craisins Wango Mango Juice Milk	16 WGR Breakfast Cereal Mini Donuts Applesauce Assorted Juices Milk	17 Breakfast Pizza Fruit Assorted Juices Milk	18 Chocolate Chip Gripz Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	19  No School
22 WGR Breakfast Cereal Assorted Muffins Sunflower Kernels Choose 2 of the Above Items Fruit Assorted Juices Milk	23 WGR Breakfast Cereal Gogurt Applesauce Assorted Juices Milk	24 Breakfast Pizza Fruit Assorted Juices Milk	25 Fruit Grain Bar Fruit Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	26 Breakfast Pizza Fruit Assorted Juices Milk
29 WGR Breakfast Cereal Cheese Stick or Sunflower Kernels Craisins Wango Mango Juice Milk	30 WGR Breakfast Cereal Mini Donuts Peach Cup Assorted Juices Milk	31 Breakfast Pizza Fruit Assorted Juices Milk	November 1 Elf Grahams Strawberries Assorted Juices *Yogurt Parfait w/Granola or WGR Breakfast Cereal Milk	November 2 Breakfast Pizza Fruit Assorted Juices Milk






Milk is available every day. Available Cereal: Whole Grain, Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, or Cinnamon toast Crunch

Menus are subject to change without notice.

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Elementary Lunch Menu

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Popcorn Chicken Creamy Mashed Potatoes Gravy Fresh Cucumber Slices Dip S.D. Watermelon Slice	French Toast Sticks Turkey Sausage Links Batter Bites Wango Mango Vegetable Juice Diced Pears	Chicken Cheese Wrap Toppings: Cheese, Lettuce, & Ranch Dressing Steamed Peas Fresh Carrot Sticks Dip Sweet Strawberries	Turkey Cheese Slider *Requested by Quinn at SE Corn Chips Baked Vegetarian Beans Fresh Vegetables Dip Mixed Fruit Celebrating all October Birthdays with treats!	Staff Development Day- No School 
8	9	10	11	12
Native American Day- No School Menus are subject to change without notice.	Sloppy Joe Batter Bites Fresh Baby Carrots Dip BlueRaspberry/ Lemonade SideKick	Chicken Nuggets Poultry Rice Gravy California Blend Vegetables Fresh Broccoli Florets Dip Fresh Sweet Strawberries	Soft Shell Beef Taco Toppings: Shredded Lettuce, Cheese, & Taco Sauce Simply Sweet Corn Red Cherry Tomatoes Dip Fresh Apple Slices	"We Love Summer!" Hot Dog (All Beef) Baked Vegetarian Beans Fresh Vegetables Dip Fresh Fruit Zee Zees Campfire S'more Bar 
15	16	16	18	19
Strawhats Crisp Carrots Fresh Cucumber Coins Dip Applesauce	Mini Maple Pancakes Turkey Sausage Links Batter Bites Wango Mango Vegetable Juice Fresh Orange Slices	Chicken Nuggets Creamy Mashed Potatoes Gravy Fresh Broccoli Florets Dip Fresh Grapes	Pasta W/Meat Sauce Steamed Peas Fresh Cauliflower Bites Dip Diced Peaches	 Parent-Teacher Conferences No School
<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <h2 style="margin: 0;">National School Lunch Week!!!! October 15th-19th</h2> </div>  </div>				
22	23	24	25	26
Chicken Patty W/Bun Mixed Greens Salad Salad Dressing Fresh Carrots Dip Fresh Orange Slices	Mini Waffles Turkey Sausage Links Batter Bites Wango Mango Vegetable Juice Diced Peaches	Meatballs Creamy Mashed Potatoes Beef Gravy Dinner Roll Fresh Celery Sticks Dip Fresh Apple Slices	Chicken Drumstick Poultry Rice Gravy Country Blend Vegetables Fresh Broccoli Florets Dip Petite Banana	Mini Corn Dogs Baked Vegetarian Beans Tortilla Chips Salsa Fresh Vegetables Dip Fresh Fruit
29	30	31	November 1	November 2
Sloppy Joe Slider Corn Chips Lettuce Salad Salad Dressing Fresh Carrot Sticks Diced Peaches	Breakfast (Turkey) Sausage Pizza Batter Bites Wango Mango Vegetable Juice Fresh Orange Slices	Hot Dog Baked Vegetarian Beans Fresh Cucumber Coins Dip Fresh Apple Slices	Strawhats Simply Sweet Corn Fresh Broccoli Florets Dip Mixed Fruit	Cheese Pizza Green Beans Fresh Vegetables Dip Assorted Fruits

Milk is available every day. All toppings are optional.