

Monday Line 1

Breakfast Pizza or
Mini Maple Pancake Wrap
Teddy Grahams
Apple Slices
Juice
Milk

Tuesday Line 1

Breakfast Pizza or Cheese Omelet
Elf Grahams
Strawberries
Juice
Milk

Wednesday Line 1

Breakfast Pizza or
Pancake Sausage on a Stick
Teddy Grahams
Orange Slices
Juice
Milk

Thursday Line 1

Breakfast Pizza or Cheese Omelet
Elf Grahams
Fresh Fruit
Juice
Milk

Friday Line 1

Breakfast Pizza or
Mini Maple Pancake Wrap
Teddy Graham
*****Fruit Cup
Juice
Milk

Monday Line 2

Assorted Breakfast Cereal
*Trix Yogurt or Fruit Grain Bar
Apple Slices
**Assorted Juices
****Milk

Tuesday Line 2

***Yogurt Explosion
Chocolate Chip Grips or Cinnamon
Snacks
Strawberries
**Assorted Juices
****Milk

Wednesday Line 2

Grainy-O-Oatmeal Bar or
*****Muffin
String Cheese
Orange Slices
**Assorted Juices
****Milk

Thursday Line 2

Assorted Breakfast Cereal
String Cheese or *Trix Yogurt
Cinnamon Toast Crisps
Fresh Fruit
**Assorted Juices
****Milk

Friday Line 2

Assorted Breakfast Cereal
*Trix Yogurt or Fruit Grain Bar
*****Fruit Cup
**Assorted Juices
****Milk

Information Regarding Breakfast

*Trix Yogurt: Raspberry Rainbow, Strawberry Banana, or Triple Cherry

** Fruit Juice: Apple, Orange, Grape, Dragon Punch, Cranberry, and Mango Wango. All juices offered are 100% juice.

***Yogurt explosion is a serving of Vanilla or Strawberry yogurt served with a variety of toppings. (Fruit, Granola, etc.)

****Milk: Skim White or 1% White

*****Muffin: Blueberry, Banana, or Chocolate

*****Fruit Cup: Applesauce, Strawberries, Mixed Fruit, or Diced Peaches

Available Cereal- Whole Grain Rice Krispy, Froot Loops, Cocoa Puffs, Cheerios, Lucky Charms and Cinnamon Toast Crunch.

Available Bread Items: S'more Back Pack Snack, "Frozen" Cereal Pouch, & Cinnamon Toast Crisps

Milk is available every day. Menus are subject to change without notice

Middle School Menu For September 2017

September 4, 2017 Labor Day (No School)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>No School</p> 	<p>5</p> <p>Breakfast Pizza W/Cheese Stick or Hamburger Fresh Tomatoes Sliced Onions Simply Sweet Corn Steamed Broccoli W/ Cheese Sauce Diced Pears</p>	<p>6</p> <p>**Mr. Ribb or Chicken Sandwich Oven Roasted Potatoes Fresh Pepper Slices Dip Fresh Sweet Strawberries</p>	<p>7</p> <p>Cold Cut Sub or Cheeseburger Deluxe Toppings (Lettuce and Cheese) Mixed Greens Salad Salad Dressing Tortilla Chips Salsa S.D. Watermelon Slice</p>	<p>8</p> <p>Fish Taco or Chicken Snack Wrap or Cooks Choice Fresh Vegetables Fresh Fruit Breakfast Bar</p>
<p>11</p> <p>Sloppy Joe Sliders or **Mr. Ribb Cucumber Coins Fresh Carrots Dip Corn Chips S.D. Watermelon Slice</p>	<p>12</p> <p>Kolache or Breaded Chicken Sandwich Fresh Sweet Pepper Slices Dip Simply Sweet Corn or Corn on the Cob Assorted Fruits</p>	<p>13</p> <p>Popcorn Chicken or Chicken Drumstick Dinner Roll Poultry Rice Gravy Red Cherry Tomatoes Dip Chilled Creamy Coleslaw Fresh Sweet Strawberries</p>	<p>14</p> <p>BBQ Chicken Sandwich or Pizza Mixed Green Salad Salad Dressing Fresh Broccoli Florets Dip Fresh Grapes</p>	<p>15</p> <p>Hot Dog or Fish Sandwich Baked Vegetarian Beans Fresh Vegetables Dip Fresh Fruit</p>
<p>18</p> <p>Walking Taco or Hamburger Deluxe Toppings (Lettuce, Cheese, and Taco Sauce) Cucumber Coins Fresh Baby Carrots Dip S. D. Watermelon Slice</p>	<p>19</p> <p>Breakfast Sausage Pizza W/Cheese Stick or Breaded Chicken Sandwich Fresh Cauliflower Bites Dip Puzzle Fries Assorted Fruits</p>	<p>Fish Shapes or Chicken Nuggets Creamy Mashed Potatoes Gravy Fresh Broccoli Florets Dip Fresh Sweet Strawberries</p>	<p>21</p> <p>Chicken or Cheese Quesadilla or Cheeseburger Toppings: Grilled Peppers and Onions Baked Vegetarian Beans Fresh Vegetables Dip Assorted Fruits</p>	<p>22</p> <p>Hamburger or Pasta W/ Turkey Alfredo Sauce or Meat Sauce W/Bread Steamed Vegetables Lettuce Salad Salad Dressing Assorted Fruits</p>
<p>25</p> <p>Teriyaki Chicken or Chicken Drumstick Poultry Rice Gravy Stir Fry Vegetables Fresh Broccoli Florets S. D. Watermelon Slice</p>	<p>26</p> <p>Beef Taco Roll or Taco Salad w/Chips or Hamburger Deluxe Toppings: Tomatoes, Black Beans or Lettuce, & Onions Crisp Celery Sticks Cucumber Coins Dip Diced Peaches</p>	<p>27</p> <p>***Kolache or Chicken Patty W/Bun Puzzle Fries Mixed Greens Salad Salad Dressing Apple Slices (Green, Red, or Yellow)</p>	<p>28</p> <p>Mini Corn Dogs or Hamburger Baked Vegetarian Beans Fresh Cauliflower Bites Dip Tortilla Chips Salsa Yellow Petite Banana</p>	<p>29</p> <p>Fish Shapes or Hamburger Steak Dinner Roll Creamy Mashed Potatoes Beef Gravy Grilled Mushrooms Fresh Vegetables Dip Fresh Fruit</p>

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*SideKick- 100% Frozen fruit juice cup

** Contains Pork

***All beef hotdog inside bread roll