

Baker Boy Nutrition Information**35674 Mini Cake Donut w/WG with Cinnamon Sugar Packets****Label Information**

Serving Size: 3 Donuts (1.5oz/43g)

Servings: 0.33 per Donut

**g Total Grains:** 18.84  
**Grain Oz Equiv:** 1.0  
**g Whole Grain:** 26.22  
**% Whole Grain:** 57

	<b>Amount/Serving</b>	<b>% DV</b>
<b>Calories</b>	160 kCal	
<b>Calories From Fat</b>	70 kCal	
<b>Total Fat</b>	8.0 g	12 %
<b>Saturated Fat</b>	3.5 g	17 %
<b>Trans-Fatty Acids</b>	0.0 g	
<b>Cholesterol</b>	20 mg	6 %
<b>Sodium</b>	240 mg	10 %
<b>Total Carbohydrates</b>	20 g	7 %
<b>Dietary Fiber</b>	2 g	7 %
<b>Sugars</b>	7 g	
<b>Protein</b>	2 g	
<b>% Vitamin A</b>		0 %
<b>% Vitamin C</b>		0 %
<b>% Calcium</b>		2 %
<b>% Iron</b>		6 %

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories per gram: Fat 9\* Carbohydrate 4\* Protein 4.

	<b>Calories</b>	<b>2,000</b>	<b>2,500</b>
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg
Total Carbohydrates		300mg	375mg
Dietary Fiber		25g	30g

**Ingredient Legend:**

Ingredients: Water, Cake Donut Mix with Whole Grain [Whole Wheat Flour, Sugar, Soybean Oil, Soy Flour, Egg, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Wheat Starch, Salt, Whey, Soy Lecithin, Nonfat Dry Milk, Dextrose, Spice, Cellulose Gum, Natural & Artificial Flavors, Corn Starch, Corn Oil, Beta Carotene (Color), Alpha Tocopherols (Preservative)], Spice Cake Donut Mix [Enriched Wheat Flour (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Soy Flour, Egg, Leavening (Sodium Acid, Pyrophosphate, Baking Soda, Sodium Aluminum Phosphate), Nonfat Dry Milk, Salt, Whey, Wheat Starch, Food Starch-Modified, Dextrose, Spice, Soy Lecithin, Cellulose Gum, Natural & Artificial Flavors, Corn Oil, Beta Carotene (Color), Natural Mixed Tocopherols, Alpha Tocopherols (Preservative)], Palm Oil, Contains Less Than 2% Of: Natural & Artificial Flavor.

Contains: Wheat, Milk, Egg, and Soy.