

CEREAL POUCH DISNEY FROZEN WGR

Nutritional Information

Nutrition Facts		
Portion Size	1 oz	
Amount Per Serving		
Calories 100	Calories from Fat 5	
% Daily Value*		
Total Fat	1 g	1%
Saturated Fat	0 g	0%
<i>Trans</i> Fat	0 g	
Cholesterol	0 mg	0%
Sodium	125 mg	5%
Total Carbohydrate	24 g	8%
Dietary Fiber	3 g	12%
Sugars	9 g	
Protein	2 g	4%
Vitamin A	8%	* Vitamin C 20%
Calcium	0%	* Iron 20%

* Percent Daily Values are based on a 2,000 Calorie diet.

Ingredients

Whole grain oat flour, sugar, degerminated yellow corn flour, rice flour, oat fiber, contains 2% or less of corn syrup, modified corn starch, dextrose, salt, natural and artificial flavor, baking soda, gelatin, red 40, blue 1, BHT for freshness, wheat flour. Vitamins and Minerals: Vitamin C (ascorbic acid), niacinamide, reduced iron, zinc oxide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin A palmitate, vitamin B1 (thiamin hydrochloride), folic acid, vitamin B12, vitamin D3.

Allergy Information

Wheat, Gluten