

Formula Name: **GRAINY O OATMEAL CHOC CHIP PREFORM**
 Formula Number: 373
 Serving Weight: 42.0 grams
 Label Description: FULL STANDARD

Nutrition Facts	
Amount Per Serving	
Calories 150	Calories From Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 160mg	7%
Total Carbohydrate 26g	9%
Dietary Fiber 6g	22%
Sugars 7g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: Whole wheat flour, sugar, oats, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin as an emulsifier, and artificial flavoring), whole eggs, fibersol, inulin, shortening (palm oil), margarine [palm oil, water, soybean oil, salt, mono and diglycerides, soy lecithin, sodium benzoate (a preservative), citric acid, natural and artificial flavor, vitamin A palmitate added, beta carotene, whey], apple sauce, contains less than 2% of the following: canola oil, corn syrup, honey, water, molasses, glycerine, baking powder, salt, soda bicarbonate, natural and artificial flavor.

Contains: Wheat, eggs, milk, soy.