

Caribbean Blend



Whole Broccoli Florets, Bias Cut Yellow Carrots, Whole Green Beans and Red Pepper Strips

MONARCH

Vegetable Blend

VEGETABLE BLEND, CARIBBEAN CULINARY CUT PREMIUM IQF FROZEN

Product Description

Additional Description

TRY A TASTE OF THE CARIBBEAN WITH MONARCH'S PREMIUM VEGETABLE BLEND, PACKED WITH A GRADE OR EQUIVALENT BLEND OF BROCCOLI FLORETS, GREEN BEANS, SLICED YELLOW CARROTS AND RED PEPPER STRIPS. ALL ARE PROPERLY PREPARED AND BLANCHED.

Ingredients

BROCCOLI, GREEN BEANS, YELLOW CARROTS, RED PEPPERS.

Manufacturer Information

MONARCH

Manufacturer Product #: 677085

Nutritional Facts

Serving Size g (90g)

Servings Per Container

Amount Per Serving

Calories 35

Calories
from
Fat 0

%
Daily
Value
*

Total
Fat 0g

0%

Saturated
Fat 0g

0%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 30mg

1%

Total
Carbohydrate 6g

2%

Dietary Fiber	2g	8%
Sugars	3g	
Protein	1g	
Vitamin A		2%
Vitamin C		25%
Calcium		2%
Iron		4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories
2,000
2,500

Total Fat
Less than
65g
80g

Sat Fat
Less than
20g
25g

Cholesterol
Less than
300mg
300mg

Sodium
Less than
2400mg
2400mg

Total Carbohydrate
300g

375mg
Dietary Fiber

25g
30g

Supplemental Facts

%
Daily
Value
*

None Specified at this time

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

[Report Discrepancies](#)

Allergens

ALLERGEN	DOES NOT CONTAIN	CONTAINS	MAY CONTAIN	NO DATA
Crustacean	●			
Eggs	●			
Fish	●			
Gluten				●
Lactose				●
Milk	●			
Mustard				●
Peanuts	●			
Soy	●			
Tree nuts	●			
Wheat	●			